



Name (optional) :

Date:

Age group:

Session:

Usual Coach(es):

**COACHING SESSION FEEDBACK FORM - SKIER**

To help us improve the clubs delivery of coaching sessions, we welcome feedback from our skiers. Please take a few moments to complete this form.

Please tick the relevant number next to each statement  
1=Not at all, 5=Very much:



How enjoyable are the sessions?

How well have you developed new skills at your coaching sessions?

Do you feel that you improved as a result of your coaching sessions?

Do you receive enough personal attention to your skill development?

How effective are the demonstrations used within the sessions?

How effective are the instructions within the session?

How effective is the feedback within the session?

What do you like best about our coaching?

[Empty text box for feedback]

What do you like least about your training?

[Empty text box for feedback]

Would you like to see any additional content to the sessions?

[Empty text box for feedback]

Thinking over the sessions so far, could you please pick out one positive and one negative element?

Positive:

Negative:

What are your thoughts on the delivery of the sessions?

What do you like most about our club?

What do you like least about our club?

Would you like to see anything new at our club for members?

Will you be joining next year? Can you please explain reasons below...

Thank you for your time! Please return this form to the MSC Head Coach, Roger Crombleholme:

- by hand at a session,
- by post to: MSC Feedback, 7, St. Modwena Way, Penkridge, Staffordshire, ST19 5ST
- or email back to [roger@skibetter.com](mailto:roger@skibetter.com)