

Midland Ski Club News

June 2019

Ollie Weeks Selected for GB SnowSport FIS Alpine Squad

We are very proud of Ollie Weeks achievement in being selected for the FIS Alpine Ski Squad for the 2019-20 season! This is in spite of recovering from injury and staying in this country to focus on his A level studies. We wish him the best of luck! He is showing his form with great performance in the artificial race season, here winning the Midland Club National outright.



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Diary

Training times at Ackers Adventure, social events and holidays

Roger Crombleholme 07736 821147

Tuesdays @ 6.00pm: Young Racer Development Coaching

Tuesdays @ 6.00pm: Recreational Coaching

Tuesdays @ 7.30pm: Race Development Coaching

Thursdays @ 6.00pm: Young Racer Performance Coaching/coach development Taster follow on sessions

Thursdays @ 7.30pm: Race Performance Training

Fridays @ 6/6.30/7.30pm: Skier Improvement Coaching

Fridays @ 7.30pm Adult Recreational Coaching

Thursdays @ 6pm Taster sessions 27/6, 13/7, 15/8

Gloucester Summer Race League

20/06/2019

13/07/2019, 21/09/2019, 19/10/2019

Stoke Spring races

29/06/2019

Club Holidays

22-26/07/2019 Landgraaf indoor training
Christmas/New Year Family training week. Details to follow

18-25/01/2020 Club training week, Champoluc (fully booked)

07-14/03/2020 Club holiday, Ischgl (1 male place left)

Social Evenings: Wednesdays at Hollyfields

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|---------------|---|
| 04/09/2019 | Skiing in the Special Olympics (TBC) |
| 27/11/2019 | Start of winter social – ski films, vin chaud and mince pies and a chance to discuss plans for the winter |
| 15/06/2019 | Warwickshire walk and pub meal |
| 13/07/2019 | Worcestershire walk and barbecue |
| 04-07/10/2019 | Brecon Beacons walking weekend |

Warwickshire walk led by Mike Thomas

Saturday June 15 at 10:00

The walk will start from the rear of Baddesley-Clinton National Trust car-park **B93 0DQ at 10.00.** (Car-park is on left as you approach house).

<https://www.nationaltrust.org.uk/baddesley-clinton/features/the-house-at-baddesley-clinton>.

The walk soon passes the delightful church before turning south through rolling fields as far as Yarningdale Common where we should get some fine views. From here we go north to join the lovely Stratford Canal, following it for less than a mile to Lowsonford. We will lunch at The Fleur de Lys pub, well known for its home made pies.

<http://www.thefleur.co.uk/>. After lunch we stay on the Stratford Canal almost as far as Lapworth. Via a canal link we then join the Grand Union Canal briefly before crossing a series of paddocks back to Baddesley Clinton. Its 6 miles to lunch, and 9 miles in total.

Please phone or email Mike to let him know you are joining the walk, and to confirm if you want to be included in a group booking for lunch.

Mike Thomas 02476 6927792 or
mike@mikethomas.org.uk



Worcestershire walk followed by a barbecue led by Catherine Frankenburg

Sat 13th July

Liz and Bruce are offering a different walk this year followed by barbecue in their lovely garden in Holt Heath.

Please bring your own drinks and items for the bar b q, plus a dish for 4 people to share (salad/dessert etc), so that we get a selection of salads/deserts, as we did last year.

Please notify Catherine if you are coming for the walk, and which sharing dish you will bring by 7th July, so Liz and Bruce can plan.

Meet at 10.45 in the Barns car park, Holt Heath WR6 6NJ, where you can leave your food, ready to leave for the walk at 11am.

Walking weekend led by Mike Thomas

October 4th to 6th

For this year's autumn walking weekend Mike Thomas has booked Forest Lodge Farmhouse which is a recommended self-catering bunk house in the Brecon Beacons. See link to this below. Forest Lodge Farmhouse is about 6 miles south west of Brecon and ideally located for walking in the Brecon Beacons and beyond. It's near the village of Libanus which has a rather nice pub. The cost is £80 per person for the 3 nights, but we appreciate some members will want to return home on the Sunday. Included in the cost is an amount for a communal meal on the Saturday night. If anyone wants to join the weekend to cycle, do your own thing or just chill-out you would be most welcome. Please pay by direct transfer of £80 per person to the Midland Ski Club account 65362479, sort code 08-92-99 using reference it HATW 2019 and advise me that you have made the transfer by emailing diana.horth@ntlworld.com. Alternatively send a cheque for £80 per person together with your contact details to Diana Horth 3 The Tides, Doniford, Watchet, Somerset TA23 0UD

https://www.breconcottages.com/search?page=1&property_name=Forest%20Lode%20Farmhouse

From the Chair

The MSC AGM was held on May 1st at Hollyfields Sports and Social Club and members enjoyed a buffet and free drink. Chairman and Treasurer were re-elected unopposed. Paul Johnson, acting secretary, was confirmed in this role. The annual subscription will remain unchanged this year. Our financial position has improved. Membership has increased since this time last year, and we want to focus further on growing the club. Thank you to everyone for their support throughout the year.

MSC President: John Arnold

Your committee is :

Geraldine Elgy	Chair
Paul Johnson	Secretary
Bryan Arnott	Treasurer
John Elgy	Membership Sec and newsletter editor
Catherine Frankenborg	Social Secretary
Roger Crombleholme	Head Coach
Jeff Elmore	
Bryan Thomas	

We also have a Race Steering Group:

Richard Newboult	Chair and Secretary
Dave Beech	GSRL Race Manager
Roger Crombleholme	
Alan Edwards	
Gerry Elgy	
Joe Feiven	
Jenni Fennell	Welfare Officer and WRL organiser
Dave Lee	
Bryan Thomas	
Gill Weeks	

We are looking for new blood all the time, so if you would like a no obligation visit to one of these groups, please let any of us know! You will be made very welcome!

This is my third year as Chair and it would be good to have a fresh face in this post. If you think this might be you, you will receive plenty of support as there would be 3 ex Chairmen on the Committee who can advise as much or little as you wish! Please come along to any committee meeting, and see what we do!

MSC helped Dave Ryding

We all know how successful Dave Ryding has been in recent years. Jeff Elmore found this little nugget when browsing some old AGM minutes of 2010:

'Donation of £500 to Olympic hopeful Dave Ryding, and the racing 'pot' also contributed £500' We don't know how much this £1000 contributed to Dave getting where he is now, but as they say, Every little helps! Without it, he may never have had the chance to compete in the World Championships in Sweden.

SSE Club Cluster Meeting and AGM

Recently your Chair and some committee members attended these meetings. Snowsport England has been working on rebranding at the top level and this includes new logos to be launched officially on June 20th. Here's a taster.



**SNOWSPORT
ENGLAND**

They have defined their mission as 'Increasing awareness and growth of Snowsport in England at every level'. 'Nurturing and engaging members and volunteers' falls in to this remit so watch out for the satisfaction survey they have planned. It's your opportunity to say what SSE can do for you!

News from the region

The Swadlincote slope is being rematted with Dendix, making it suitable for slalom racing once again. It will be complete in the next couple of months and at 170m long and 22m wide, is rather larger than The Ackers. We hope we can arrange a training day there – watch this space! Here they are putting down underlay in the recent torrential rain.



Gloucester Summer Race League - Dave Beech

April 13 2019-05-31

Midland Ski Club enjoyed another great day at the Gloucester summer race league ,the first of this series and was very well attended with 16 teams competing. Many thanks to the racers and parents who joined us today.

We had four debutants racing today, Abigail Ward (U40) who finished 36th overall, Jonathan Schofield (U18) who finished 7th in a very tough age group and who enjoyed giving me a ski racing lesson when I had the pleasure of going head to head with him in the duals. Nicholas Evans (U10) and Sasha Tolley (U10) clearly enjoyed their first Gloucester race, they raced with determination, style and a smile, these two young racers are sure to be great racers of the future.

One unfortunate incident saw Gianluca Capelli have a fall during duals practise and injure his hand, we await news of his injury and hope it is not serious, as a precaution he withdrew from the duals. This was after a stellar performance in the timed runs which saw him win the over 40 age group (&16th overall), the one on one training with Roger clearly paid dividends and we hope he is back racing with us very soon.

Some excellent racing saw Phil Wigfield secure 7th place overall, Hannah Phillips got 12th place overall and the improvement of Lorenza Chapman (19th overall), Lucy Sainsbury (28th overall) and Amelie Hampson (46th overall), all from Kingsley school, is really pleasing to see, they are continually developing their technical skills and pushing themselves, a credit to themselves, their school and their coach, Alan Edwards. It is also great to see the development of the other representatives of Kingsley school, Claudia Cresswell, Scarlett Milner, Matilda Wilkinson and Nell Skellon on the same pathway to success, again the racers of the future.

A great day of racing was enjoyed by all, despite the cold conditions and a particularly late finish to the day with the last dual race finishing at 6 o'clock.

May 11 2019

The May meeting of the Gloucester summer race league saw 140 racers enjoying a sunny day on the Gloucester dry slope that delivered some great racing. The day ran smoothly and a big thank you must go to Chad Chadwick, Mr. Dunlop and Mr. Milner who worked start marshalling duties to good effect, this is really appreciated.

We had a good turn out of 16 racers considering the GBR at Manchester and the Stoke fun race were running on the same day. This included 3 racing debuts from the Kingsley skiers, Margaux Webb, Grace Arand and Daisy Dunlop. Three of the Kingsley racers managed to get a full house of dual victories, Emily Meixner, Scarlett Milner and Tabatha Sinclair - great racing and a big well done.

There can be no doubt as to our stand out performances of the day, Tommy Jones bagged first place in the under 10 age group and accrued a total of 25 point for the A team, Alex Chadwick recorded his fastest time, to date, and our fastest time of the day at 22.68 which earned him a head to head with Tommy – a really close dual that Tommy just edged. Alex also got our highest overall position, 47th and the second highest points tally for the A team with 17 valuable points.

Sacha Tolley continues to work hard and improve getting 15 points, clearly she loves to ski, spending almost all of the day on her skis, enjoying the other slope when she wasn't racing rather than taking a break! John and Gerry Elgy were in the same duals group after Gerry just pipped John for the timed runs, John managed to return the favour though as he pipped Gerry in the head to head.

In summary it was a really enjoyable and fun day that saw continued improvement and big smiles all round. The next meeting will be on the 22nd June and we hope that you are able to join us for another great day!

Midland Club National a personal perspective - John Elgy

The Midland Club National is the biggest event organised by the Midland Ski Club every year and takes a considerable amount of work from a lot of people from the race secretary, Gill Weeks, and the Chief of Race, Jane Lee, the whole Race Steering Group led by Richard Newboult, the timing team of Dave Lee and Dave Beech, the excellent commentator, Phil Deller and the hastily recruited raffle ticket sellers of Bryan Thomas and Richard Newboult (who raised an amazing £291.40 for the club). It was a very well run event.

My only involvement in the event was simply as a rather poor racer (I was last of all those who completed the course) so I think I should thank them all, on behalf of everyone else who raced for the enjoyable day. It seemed to run much more smoothly than the Gloucester Summer Race leagues recently. I had two objectives for the race: i/ beat my wife, Gerry and ii/ not finish last. The third objective – to be the fastest over 65 was null and void since I was the only entry.

I was worried that as a Club National I would find the course too difficult but Guy Hornsby set a course that was fair to us weak skiers yet testing for the fast ones. In fact it was ideal. From the start on top of the old containers the course dropped very sharply to a small compression and the first gate. Just standing at the top watching the earlier racers go down got the heart beat rising, and then it was off. My first run went fairly well, but slowly. I found myself arriving at the start of the diagonal verticale, where some good skiers were skiing out going so slowly it seemed to take an embarrassing long time being berated by the commentator for being old and slow (I did teach him when he was an undergraduate student decades ago so he's allowed a dig or two). I vowed to be more aggressive and faster on the second run, but hit the very first gate far, far too late and skied out. Ah well one more run to put a better time in and hopefully beat my wife Gerry on aggregate time.

On the third run I watched Gerry doing her run. First of all I didn't recognise her, a new helmet and going quickly confused me. It looked as if she would be much faster than me. Unfortunately she skied out just where the other fast skiers were coming out. I think she did it just because she didn't want to present herself a medal. Anyway I resorted to the cruising style of the first run and finished – last.

But I still enjoyed the day. Thanks to all those who made it go so smoothly.

Midland Club National the results Gerry Elgy

Our Club National race once again saw a bumper entry of 160+ and we all enjoyed a great day of racing at Stoke at this well organised event. Many racers entered the Telford CN the following day as well.

Many thanks to our sponsors Ski Bartlett, Ski Racing Supplies, Ye Olde Saracen's Head and Devine Ride, and our regional sponsor Team Evolution, and to all officials and helpers on the day. It was a really successful weekend for our racers.

The Midland Ski Club had quite a lot of podiums over the weekend at both out and the Telford Club National the next day at the same centre.

Midland CN:

Emilia 1st (U14 F)
Amber 2nd (U14 F)
Jack 1st (U16 M)
Ollie 1st (Overall) & 1st U21 M)
Abi 2nd (Sen F)
Joss 1st (Mas F)

Telford CN:

Tommy 3rd (U10 M)
George 3rd(U14 M)
Hannah 3rd(U18 F)
Ethan 2nd(U21 M)
Abi 2nd(Sen F)
Phil 3rd(Sen M)

Also on the Sunday - Ambition Pro Tour at [Chill Factore](#) Ollie was first overall

A full set of results can be found on <https://skiresults.co.uk/events/1033>
Page 11 gives the results of all the Midland Skiers.

Coach Development Sessions

Midland Ski Club is one of the leading clubs and one of the reasons for this, perhaps the main reason, is the excellence of the coaching. However the club cannot rest on its laurels but must improve. Part of this improvement has been the recruitment of more athletes through our satellite club programme The Kingsley School and Solihull School and the taster sessions we have introduced on Thursday evenings. However it has been recognised that we must develop our coaching provision.

Therefore our head coach, Roger Crombleholme, will be holding a coach development session on Thursday evenings from 6 to 7:30 pm. The sessions are aimed at all coaches and aspirant coaches within the club, including current racers, to develop their individual skills and also to develop a coherent coaching programme for all skiers in the club. The sessions are covered by the contract or PAYG rates within our racing, development and recreational programmes.

Landgraaf Race Camp for 2019 - Monday 22nd July to Friday 26th July. Still a chance to join us! Roger Crombleholme

SnowWorld Landgraaf is the largest indoor ski village in Europe open 365 days a year and is located in the Netherlands near to the cities of Maastricht and Aachen. It has 5 slopes, one a FIS competition slope, 8 lifts including a real chairlift, 4 Restaurants, 1 on site 4 star hotel and a climbing park with 1000m zipline. The FIS race piste is divided in to 5 race lanes from graded from soft snow to hardpack/ice and maintained by Pistenbully machines.



In order to proceed further I invite you to express your interest and book with Gerry the following proposed arrangements.

This year we are planning to do the same trip as in 2017 from Monday to Friday. We have already booked race lanes and accommodation from Monday evening 22nd July 2019 through to midday of Friday 26th July. This falls in between the Ben Reid Camp during the previous week and the Dragons camp the following week. For the first time we will be opening this up to under 12 with stubbie (short rubber poles) based race training included.

This high quality camp is designed to be competitively priced on a non-profit basis thereby opening up opportunities to more people. However we will restrict the numbers to a maximum of 15 racers per lane (2 lanes = 30 racers) thereby maintaining the high standards of coaching being delivered. There will be two coaches myself and Joe Fevien, both qualified ski instructors and race coaches, plus additional support.

The costs are likely to be the same or greater than previous years dependent upon the exchange rate at the time of booking. As in previous years, we will probably need to pay 75% of all costs up front.

As it stands at the moment Gerry has calculated the base costs per racer as £240 for the coaching, hire of race lanes and equipment, additionally U17 Junior at £410 or Adult at £450 for the cost of full board accommodation, food and lift passes etc. based on staying at SnowWorld 2 to a standard room. Needless to say single occupancy of a room would be more expensive and 4 person room less expensive.

Children without parents attending. We normally resolve this issue by the use of *in loco parentis* declaration from the official parent / guardian to the parents who will be looking after the children whilst on the camp and during travel. It should be noted that travel and insurance does not form part of this offer and there is other accommodation on offer at other nearby hotels. If the numbers allow we may be able to provide 'House Parents' who will ensure the safety and well-being of the racers in our care.

Can you please let me know:

- Will the racer be one their own without normal parent/guradian?
- How many people will be in your party?
- How many of these need race training?
- How many of these would like recreational training / skiing?
- How many days training would you like to do?
- What date and time would you want training to start?
- What date and time would you want training to finish?
- How long you will need accommodation for in the Landgraaf SnowWorld Hotel?
- What type of accommodation you will need?

Can you please let me know what you want to do for this year as soon as possible.

As we gain more information we will let you know the full costs as soon as we can.

Further information:

<https://www.snowworld.com/landgraaf/en>

<http://www.snowworld.com/en/Hotel/Hotel-SnowWorld>

<https://www.snowworld.com/en/Ski-slopes/Groups/Race-Ski-Teams>

Club holiday Mayrhofen 2 to 9 March 2019

We stayed in Sport Hotel Strass in Mayrhofen, pretty much next door to the Penken gondola. The hotel was large and comfortable with decent sized rooms and facilities. The food was very good with a choice of evening menu and obligatory 3 starters. The bar system in the dining room was bemusing and the hotel is a bit of maze so it took a while to orient and find out what was what. But most found the room party venues.

We enjoyed some good sunshine for the first 4 days but it did tend to make the snow very slushy and lumpy as the day wore on. Conditions were not perfect but there was no shortage of white stuff. Most of us ventured out and about to the other resorts. Hintertux received a big thumbs up for its off piste and itinerary routes. With its gondolas and lift system it makes for a good day trip. Other resorts included Zell am Zimmer, Gerlos, Fugen



Photo courtesy of William Browne



Photo courtesy of Gayle Southall

With strong force winds on Thursday we were informed a lot of the lifts would be closed but advised that Ahorn was open and would be sheltered once out of the cable car and down in the trees. But it wasn't a huge amount of fun except for a few intrepid souls and I think there were some early finishes



Photo courtesy of Richard Hopkinson



Ahorn *Photo courtesy of Rolly Winzer*

Friday started with clag at valley bottom but we could see from webcams that it was clear and sunny up top. It was a lovely morning but unless one used a gondola to get down there was some pretty hairy skiing through thick clag. Visibility was awful and did result in losing groups members at times.



Photo courtesy of Rolly Winzer

Our arrival at the hotel could have gone better. Despite furnishing Crystal with a rooming list, either they or the hotel management caused havoc. It also proved problematic with bar tabs because the staff didn't know where we'd ended up.

But the most common cause of mutterings was that some of the town's younger revellers could be heard until the early hours. With a central hotel and bars everywhere it was probably never going to be easy to avoid. The hotel guests were quiet enough, with the exception of roaring at the nightly football screenings and goals!

We had 36 whole members going out to Mayrhofen and unfortunately 3 injuries coming home. Howard suffered a torn calf muscle and had to miss most of the week. Paul Smith wrenched his knee and had to retire from the slopes. And Paul Johnson suffered a dislocated shoulder and possible upper arm fracture. We wish them all a speedy recovery.

Diana Horth

Club Holiday 2020 Diana Horth

Ischgl is a town in the Paznaun Valley in the Austrian state of Tyrol. Its ski resort Silvretta Arena Ischgl-Samnaun is connected with the ski resort of Samnaun across the border in Switzerland. Together this ski area becomes one of the largest skiing resorts in the Alps. The 238 kilometres of groomed pistes are served by over 45 mechanical lifts including cable cars, gondolas, detachable chair lifts and some T-bars. Hotel Abendrot is situated between two of the main ski lifts, the Silvrettabahn and the Fimbabahn (both about 400metres away). There is an indoor ‘travelator’ for Fimbabahn that moves skiers for at least half the distance. At the end of the ski day a cruisy red run, imaginatively named No 1, brings you to within 50m of the hotel. It can get very busy at going home time.



The bedrooms all offer an Austrian twin bed, flat screen TV, en suite shower or bath and WC and most also have either a balcony or a terrace.

Please look at the link or more info <https://www.skitotal.com/chalets/chalet-hotel-abendrot/>

The cost of the holiday is £1085 and includes flights, transfers and 7 nights bed. Afternoon tea is served daily. We will have 6 evening meals with wine but will need to eat out on one evening.

The deposit is £150 per person. Final balance will be due at the end of November

Ischgl lift passes: Whole Area includes Galtur, Kappl and Samnaun

Adult Whole area £270

Adult Local Area (just Ischgl) £233

Senior (60 +) Whole Area £234,

Senior Local £209

With the lift passes we will have either half price ski carriage at £20 or half price ski hire.

Flights from Birmingham to Innsbruck***. Flight times are provisional

Saturday 7 March OS 2576 depart Birmingham at 10.25 to arrive Innsbruck at 13.30

Saturday 14 March OS2575 depart Innsbruck 08.00 to arrive Birmingham at 09.05

*** There are flights into Innsbruck also available from Manchester or Gatwick. If you would like to fly from one of these please let me know as soon as you can as flights/places are limited.

If you have not joined a club holiday before now please be reassured that we do all we can to make sure you are included, that you have a group to ski with and that you're not left alone wondering who to talk to.

If you prefer to take a chance on lift passes or bundle offers by buying in resort please make this clear on the booking form.

Diana Horth

Please book me places on the club holiday to Ischgl. I enclose £..... deposit(s).

You can pay by the deposit of £150 by direct transfer to the Midland Ski Club account at sort code 08-92-99 a/c 65362479; please reference it Club Hol 2020 and advise me that you have made the transfer.

Or you can send cheques made payable to Midland Ski Club to
Diana Horth, 3 The Tides, Doniford, Watchet, Somerset TA23 0UD

NAME	
Date of birth	
Passport number + date of issue and date of expiry	
Address	
Telephone numbers	
email	
Preferred Airport if not Birmingham (circle choice) Manchester, Gatwick	
Lift pass	
Adult whole area	£270
Adult local	£233
Senior (over 60) whole area	£234
Senior local	£209
Equipment hire - approximate full prices – half price with purchase of a lift pass	
Advanced	£125
Intermediate	£90
Standard	£68
Boots	£40
Helmet	£20

Midland Ski Club Club National Results for Midland Club Members

Females

Rank	Bib	(Rk)	Cat	Name	Club	Run 1	Run 2	Run 3	Overall Time	Points
7	126	1	U14	ORZEL Emilia	MID	DNF	13.8	13.86	27.66	98.14
8	121	2	U14	FENNELL Amber	MID	DSQ	13.84	13.94	27.78	101.69
17	111	5	U16	DENNISON Hannah	MID	14.97	14.71	14.33	29.04	138.96
25	118	10	U16	LAWTON Emma	MID	15.52	14.52	15.87	30.39	178.89
36	144	16	U16	SAINSBURY Lucy	MID	16.17	DNF	15.85	32.02	227.11
37	137	6	U18	PHILLIPS Hannah	MID	16.31	15.96	16.29	32.25	233.91
39	147	2	SEN	WARD Abigail	UMA	16.77	16.59	16.35	32.94	254.32
44	142	7	U18	CHAPMAN Lorenza	MID	17.11	17.76	17.26	34.37	296.62
52	155	1	MAS	BROWN Joss	MID	22.83	21.1	23.93	45.03	611.92
	149		MAS	ELGY Gerry	MID	21.18	20.12	DNF		

Males

Rank	Bib	(Rk)	Cat	Name	Club	Run 1	Run 2	Run 3	Overall Time	Points
47	67	5	MAS	BROWN Stuart	MID	17.77	16.96	16.1	33.06	337.11
58	71	7	MAS	ELGY John	MID	20.99	DNF	21.77	42.76	647.27
18	27	4	SEN	WIGFIELD Philip	MID	14.15	13.82	13.73	27.55	160.92
53	62	14	U14	CHADWICK Alex	MID	19.26	18.25	19.28	37.53	480.04
9	10	1	U16	UPTON Jack	MID	12.46	12.32	12.31	24.63	67.56
16	24	5	U16	DEEM Charlie	MID	13.76	13.3	13.52	26.82	137.58
50	64	18	U16	PEARCE Joe	MID	17.92	16.97	17.02	33.99	366.85
52	61	19	U16	SCHOFIELD Jonathan	MID	18.39	17.8	18.19	35.99	430.8
	32		U18	SHAKESHAFT James	MID	DNS	DNS	DNS		
1	6	1	U21	WEEKS Oliver	MID	11.8	11.57	11.26	22.83	10
	29		U21	FEIVEN Josef	MID	DNF	DSQ	DNF		