

MIDLAND

SKI CLUB NEWS

MAY 2018

Social Programme

Saturday 14 July: Walk & BBQ Starting at Holt Heath in Worcestershire, circular walk along the river Severn, followed by a barbeque.

Meet at 10.45 in the Barns car park, Holt Heath WR6 6NJ, ready to leave at 11am. We will walk along the river towards Ombersley, stop for refreshments at a pub and continue round to return for a Barbeque with Liz and Bruce (total walking time 2-3 hours at a moderate pace with some hills). please bring your main barbeque items and your drink, and in addition one salad or other item (nibbles/dip/olives etc etc) to share around 4 people. This will enable us all to have a good range of food! Plates/cutlery/glasses/bread/rolls/butter will be provided but as Liz will just have got back from holiday she won't have time to do more. Please let me know by 30 June if you are coming, (we can maybe have an email list of who's bringing what if you want to be organised) as we need to give our hosts rough numbers for this.

Wednesday 13th June: Via Ferratas in the Dolomites. John and Gerry Elgy (our Club Membership Secretary and Chair) will illustrate their holidays and experiences of the Dolomites. This will be at Hollyfields Sports and Social Club (Woodacre Rd, Erdington B24 0JT) meeting from 7.15 as usual, with the their Talk starting at around 8.00pm.

Wednesday 19th September: Flexibility and Fitness - preparation for the Ski Season - Roger Cromblehome

Our Head coach, Roger, will outline and demonstrate what we all could do to improve our flexibility and fitness in readiness for the snow skiing season to come.

Meeting held at Hollyfields , as above.

Wednesday 17th October: Skiing in Japan - Catherine Frankenburg and Clem Chakki

They will be outlining their experiences of a recent off piste trip plus all the information they garnered about skiing the country, plus their impressions of the culture.

Meeting held at Hollyfields as above.

Christmas/end of year Club celebration for all ages - Provisional date for your Diary Friday 23 eve or daytime Sat 24 November.

It is hoped that we can book a social Bowling or Skittles event with some food and drink, but this is only provisional at the moment. Further details to follow.

Catherine
cfrankenburg@hotmail.com

Diary

Tuesdays @ 6.00pm: Young Racer Development Coaching

Tuesdays @ 6.00pm: Recreational Coaching

Tuesdays @ 7.30pm: Race Development Coaching

Thursdays @ 6.00pm: Young Racer Performance Coaching

Thursdays @ 7.30pm: Race Performance Training

Fridays @ 6/6.30/7.30pm: Skier Improvement Coaching

Fridays @ 7.30pm Adult Recreational Coaching
Coaching contact:

Roger Crombleholme 07736 821147

16th Jun: Summer Race League
Gloucester (also 14 Jul, 15 Sep, 13 Oct)
Dave Beech dabhand13@gmail.com

30th July-6th August: Summer in Landgraaf
See details on page 2.

Data Protection Changes

As you have almost certainly noticed the regulations relating to data protection are changing on May 25th 2018 and we have to comply. You will also realise that we hold data on our members - if we didn't hold the data you wouldn't be reading this....

Since almost all the data we hold relates to membership the AGM decided that the Club Membership Secretary should be our nominated data custodian.

Fortunately we do not hold large amounts of data, only holding sufficient data for the running of the club and share that data with no one apart from Snowsport England. Snowsport England have produced guidance documents about formulating our data protection policy. Therefore rewriting our data protection policy is fairly straightforward, but we must inform every club member that the new policy will be found in the Admin area of the MSC website as soon as it is released.

John Elgy (Membership Secretary)

Landgraaf - Summer 2018



Roger Crombleholme

MSC will be running our popular Landgraaf training weeks again this summer. Members need to book and pay as soon as possible so that we can pay the 75% deposit required to confirm rooms and race lanes that are currently only provisionally booked. All cheques and transfers made payable Midland Ski Club and referenced Landgraaf 2018.

To confirm your booking please let Gerry gerry@elgy.org.uk and myself roger@wiredforideas.com know together with details of which option(s) you are selecting, who is going, who is doing what, what type of room you want and how you have paid.

MSC Bank details: (for direct payments): Midland Ski Club, Co-operative Bank, Sort code: 08-92-99, A/c no: 65362479

There are two options that can either be taken separately or added together. Places will be limited to 16 racers only to ensure the highest quality of coaching and feedback, first come first served.

Costs are estimated only and may be reduced depending on the number of skiers taking up each package. Greater room occupancy (up to 4) will also reduce cost.

Option 1 – Monday 30th July 2018 PM to Friday 3rd August 2018 AM

1. Race Training (Gates Only): £640 per junior (U17) or £678 per adult for the full 4 day race training package.

2. Recreational Skiing: £450 per adult. Optional coaching available.

Option 2 – Friday 3rd August PM to Monday 6th August AM. We will team up again with Western Counties and Avon so that all clubs benefit from increased numbers, better group management and flexibility.

1. Race Training (Gates & Stubbies): £480 per junior or £508 per adult for the full 4 day race training package

2. Recreational Skiing: £336. Optional coaching available.

Costs are based on comfort room for two. There is a possibility to upgrade your accommodation please speak

to Gerry about this.

Our full package includes:

Room bookings in the SnowWorld Hotel (which is an integral part of the whole complex including the snow slopes), Full board meals (breakfast, lunch and dinner – good variety and quality), Full day ski passes for the period, 8 or 6 x 2 hour sessions of slalom pole training / fitness work (including gate hire costs)

Technique training sessions on the main public snow slope, Video feedback, Access to the SnowWorld HealthClub, and Coaching costs

Timed runs (only available on Extended Weekend Package) using Avon's electronic timing equipment - usually about 3 runs in 3 of our pole sessions.

The only extras should be transport costs from UK to Landgraaf and return (estimated at £75-85 per person via Dover-Calais car ferry) and any personal expenditure such as beer or buying new ski kit bargains from the SnowWorld shop.

The typical itinerary is as follows (may be subject to change):

First day: Travel out to Landgraaf by car. Arrive late afternoon have check-in, meet up, have meal and general briefing, Evening warm up session on recreational area, Evening

2 hour technical session or gym work

Mid camp days: Breakfast, briefing, warm up session, Morning 2 hour gate session using stubbies / gates in private lanes, lunch, video feedback & session on recreational area, Fitness work etc, Afternoon 2 hour gate session using stubbies / gates in private lanes, Evening meal and general briefing, Session on recreational area

Last day: Breakfast, briefing, warm up session, Morning 2 hour gate session using stubbies / gates in private lanes, lunch, video feedback & session on recreational area, Final debriefing and any course feedback, Travel back to UK

You must have your own travel insurance that covers race training and timed runs, and a EHIC is also recommended.

Can you please book as soon as possible.

Roger & Gerry



YE OLDE
**SARACEN'S
HEAD**
PUB & DINING
Balsall Street, Balsall Common
MIDLAND SKI CLUB SPECIAL:
20% off all food on bill.
No limit to party size. Drinks excluded.
Offer redeemable upon proof of
membership of MSC or show this
newsletter!

Training Week 2019 - Champoluc, Italy

12th-19th January 2019

This trip is now almost full. Additional places can be obtained, but due to rooming will need booking in twos willing to share, so singles may need to wait until an additional person wants to come as well.

For full detail and booking form, see last month's newsletter.



NEW CLUB CLOTHING

The club is launching a fabulous new range of brightly coloured clothing which will surely get us spotted on the slopes in future seasons. A range has been produced which covers regular club members and racing members.

The range currently includes a long sleeve tech t-shirt, hoodie, soft shell jacket and padded jacket, in junior and adult sizes. We are hoping to add further items such as t-shirts, hats and polo shirts in the near future.

All the items except for the padded jacket are available in junior and adult sizes and have the option of being personalised with your name or initials for an additional £1. The padded jacket is only available in adult sizes although if a children's version becomes available we will add this to the range.

All the clothing can be purchased online and delivered to your home address. It's available at www.captainkid.org.uk (click online shop and scroll down to find MSC logo). If you are a regular at Ackers the clothing can be delivered there by club member Sally Giles. If you'd like to try any items for sizing before you buy please email sally.ann.giles@btinternet.com.

Please check out the website for the fully printed range.



AGM Summary

The Midland Ski Club has enjoyed many successes over the past year but there also remain a number of challenges. Meetings with Ackers management and Board had paved the way for more dialogue. The new building continues to throw up problems but progress has been made. The club also needs to pull in new skiers from Ackers once they have mastered parallel turns.

It had been another successful year for racing with an increasing number of members also racing on snow as well and indoors and on Dendix. The race training at Landgraaf was enjoyable and fruitful and it is planned to run it again this summer. There remains a need for more coaches. Congratulations were in order for Roger Crombleholme who had been awarded Snowsport England Children's Coach of the Year.

Holidays and training weeks had been well attended. Social events had been very well received.

The club's finances were in good order but there has been a drop off in membership necessitating a recruitment drive. User of the slope hire contract have fallen in number resulting in a noticeable deficit which could have an impact on the viability of the scheme. Members were keen to know how the Committee would tackle this issue.

There remains a need for new faces on the Committee especially in publicity and advertising roles.

Total club membership stands at a 267 individuals with is down on last year mainly due to the loss of a number of satellite (i.e. school) members.

The new Data Protection laws were affecting all organisations with a deadline of 25/5/2018 to implement changes. The Membership Secretary will be responsible for the club conforming to the GDPR by following guidelines received from Snowsport England.

Membership fees for 2018-19 will be Adults £28, Juniors & Students £23, and family £34 plus £3 per person

From the Chair...

It seems to be AGM season. At our own recent AGM, Chairman, Secretary and Treasurer were all re-elected unopposed. We welcome John Arnold as President and thank Mike Thomas for his many years of service. We will soon be in need of a new Secretary, as Diana has plans to move to Devon and it's a bit of a long commute to Committee meetings! If you are interested in this role please make yourself known.

We also welcome Jenni Fennell as Club Welfare Officer and thank Shaun and Jo Hemming for their time in this job.

Our focus this year will be on increasing membership, particularly to ensure ongoing viability of the Ackers coaching sessions.

We hope that the activities of the Central England Snowsports Association (CESA), of which we are a member, will help us with recruitment. Their AGM was held 2 days before ours and attendance was overwhelmingly from MSC. Roger is Head Coach for the region, Bryan Thomas is treasurer and Paul Lawrence and I represent the club. Kingsley School and MSC's Alan Edwards is kicking off a schools' recruitment drive in the area, we plan to hold schools' races and also revamp the CESA website.

The final AGM in this period is that of SSE in June. I will attend and report back. All eligible club members should receive a voting invitation email from SSE so please exercise your right to vote as you see fit.

And in other news, our Club National was held on May 5th at Stoke, and a bumper entry of over 170 racers enjoyed a day of competition in blazing sunshine. There were many successes but worthy of special mention are Ollie Weeks and Amber Fennell. Ollie won U18 male and overall at the Club National and achieved the same at the Sunday's GBR race. Amber won U12 on both days despite minimal dry slope training after a winter of snowboarding! Thanks to the many volunteers who made the CN possible.

Finally, a warm welcome to April's new members: Tara Lal, Bella Hoban, Matilda Wilkinson, Julie, Les, Robert and Tommy Jones and Lucy Key. We hope you enjoy your time with MSC.

Gerry

Club Holiday 2019: Mayrhofen 2-9 March

For the 2019 Club holiday we will be staying at the Sport and Spa Hotel Strass in Mayrhofen.

<https://www.crystalski.co.uk/ski-resorts/austria-ski-holidays/mayrhofen/sport-and-spa-hotel-strass>

Superb location in the centre, right next to the Penken gondola.

Traditional Austrian hospitality and a huge range of facilities.

Family Spa and Sauna World with three pools and outstanding wellness facilities.

Bauernstube lounge and bar, plus Ice Bar and soundproofed Arena nightclub.

Please look at the link above there's a lot of detail.

We have 17 twin rooms. 8 rooms in the Strass and 9 rooms in the interlinked Sport hotel. We will eat together in the main dining room on a half board basis with hot and cold buffet breakfast and a 4-course evening meal with a choice of three main courses, and daily salad buffet. There is a daily vegetarian option. Some hotels in Austria charge for tap water.

Mayrhofen has two main ski areas but a wonderful variety of smaller resorts including Hintertux all accessible by the free bus or train options.

Flights are from Birmingham to Innsbruck, provisionally:

Sat 2 Mar Birmingham d.13:50 to Innsbruck a.16:50

Sat 9 Mar Innsbruck d.11:25 to Birmingham a.12:25

There are flights into Innsbruck available from regional airports Stansted, Manchester or Bristol (£110 supplement with Austrian Airlines). If you would like to fly from one of these please let me know as soon as you can as flights/places are limited.



The base cost of the holiday is £917. The deposit is £175 per person. Final balance will be due at the end of November

Ski carriage is bundled with lift passes at £257. There are no discounts for seniors or over 75s.

The basic lift pass is £245 but Crystal are offering a pass and ski hire bundle. Boots are £49

Area pass/standard skis/poles bundle £289pp

Area pass/superior skis/poles bundle £306pp

Area pass/poles/advanced skis/poles bundle £327pp

If you have not joined a club holiday before now please be reassured that we do all we can to make sure you are included, that you have a group to ski with and that you're not left alone wondering who to talk to.

If you prefer to take a chance on lift passes or bundle offers by buying in resort please make this clear on the booking form.

Diana Horth

CLUB HOLIDAY - MAYRHOFEN - 2nd-9th March 2019

To: Diana Horth, 23 Lockside View, Rugeley, Staffs WS15 1NJ

Please reserve _____ places on the Club Holiday for Mayrhofen. I enclose a cheque payable to Midland Ski Club of £175 per person as a NON-REFUNDABLE deposit and I undertake to pay the balance of the cost in November 2018. Deposit may also be paid by direct bank transfer to MIDLAND SKI CLUB 089299 A/C 65362479 quoting CLUBHOL2019.

Name(s) (as per passport) _____

Date of birth _____

Contact Address: _____

Phone & email: _____

Preferred airport (if not Birmingham) _____

Lift Pass+Ski carriage? £257 yes/no

Lift Pass+Ski Hire? £245+£44/£61/£82 (Standard/Intermediate/Advanced) yes/no

Boot hire (approx £49)? Y/N Helmet hire (approx £20)? Y/N

Special Dietary needs _____

WALKING WEEKEND 19-21st OCTOBER 2018

We have booked a Peak District venue for the weekend 19-21 October at the Newton House Hotel. As well as hill walking and cycling along the Tissington Trail there are numerous activities and tourist attractions to explore.

Walks of varying lengths will be arranged on both days.

The cost of B&B is £60 per person for the 2 nights. We have arranged a 3 course meal for the Saturday night. Price to be confirmed but around £20.

We have booked 2 double and 8 twin rooms on a first come, first served basis room types permitting. Rooms are all en suite

Please email me diana.horth@ntlworld.com for any other information and too book.

Deposit for the weekend is £40 per person. Please pay either by direct transfer of £40 per person to the Midland Ski Club account at sort code 08-92-99 a/c 65362479; please reference it HATW 2017 and advise me that you have made the transfer at diana.horth@ntlworld.com.

Or send a cheque for £40 deposit per person together with your contact details to Diana Horth 23 Lockside View, Rugeley WS15 1NJ

Balance is due on checkout.



Newton House Hotel, Buxton Road, Ashbourne DE6 1NJ

[Http://www.newtonhousedovedale.co.uk/](http://www.newtonhousedovedale.co.uk/)

Record breaking Club National at Stoke Ski Centre 5th May 2018.

Record breaking in every sense !! Record number of entries 172. Record temperatures. And part of a triple weekend with GBR and Inter-regional races. All three events were a great success and Stoke Ski slope was a great venue, looking after us extremely.

There was excellent racing, good successes for Midland members and a third place in the inter-regional.

Thanks to the organising team of officials and to the families and racers who supported us.



Bryan Thomas

