

# MIDLAND SKI CLUB NEWS

JULY 2010

## Ski Holidays 2010-2011

**FAMILY TRAINING WEEK:** New Year, 27th Dec to 3rd January, Altenmarkt, Austria. Details inside.

**TRAINING WEEK:** 15th to 22nd January, Bormio, Italy. Details inside.

**CLUB HOLIDAY:** 13th to 20th March, Verbier, Switzerland. Details in last months newsletter. **STOP PRESS: SOLD OUT**

If you are running a trip which you'd like to open up to other members, please get in touch (details at the bottom of this page) and we'll publicise it in the next newsletter.

Please get your bookings as soon as you can - or you may be disappointed.

## Gloucester Summer Race League

At the July GSRL meeting MSC racers gave brilliant performances with the A team winning the day, the B team coming 4th -well ahead of a number of A teams - and Team Arrows 11th, finishing ahead of the other B teams. Midland A are now second placed overall with a clear margin of 42 points over 3rd place. Midland B are just 5 points off 5th place overall and Team Arrows well clear of the chasing teams.

Skier of the day goes to all seven skiers who achieved top 20 places, James H with 2 solid runs, Dan with a great 2nd run, Jack R close on their heels and continuing to get faster, Roger with the best 2 runs seen from him in years, Sam S putting in the performance needed after being unable to train much since mid May, Liam with a precise and speedy second run showing promise of more to come and finally Ollie Weeks with a magnificent 17th place overall, winning the U9 age group, and with a time that would have been top 3 in U12s and 6th in the U15 age group.

Other skiers to mention, Duncan 37th overall, Jordan 3rd in U12s, Tom 47th overall, Will in his first race and 21st in U9s, Jack B 55th overall, James C 15th in U9s, James D a great improvement, Ethan showing that concentration in training is improving his times, Seamus with 5 good runs despite being unwell all week, really everyone skied well, everyone did their best.

Top 30 places: Dan(2), James H(3), Jack R(5), Roger (8), Sam S(14), Liam (15), Ollie (17), Karl (26), Dave H(28)

20+points: James H (29), Ollie (27), Jordan (25), Dan, Sam S, Jack R (24), Dave , Roger(22), Gerry , John(21), Seamus, Liam, James D(20)

9 afternoon points: James H, Rachel, Libby, Chloe

Jane Lee

## Diary

### Mondays @ 7.30pm

Adult Coaching  
Bryan Arnott 01827 893243

### Tuesdays @ 6.00pm

Race Novices - Roger  
Crombleholme 01785 714073

### Tuesdays @ 7.30pm

Race Coaching - Roger  
Crombleholme 01785 714073

### Thursdays @ 6/7.30pm

Advanced Race Training - Roger  
Crombleholme 01785 714073

### Fridays @ 6/6.30/7pm

Junior Coaching  
Jane Lee 01905 345416

### 5th August

Walk & Brewery visit  
John Chesworth, 01926 85682

### 7th August

Gloucester Summer Race League  
Jane Lee, 01905 345416  
(also 18th Sept, 16th Oct)

### 22nd September

Get Fit for Skiing  
Details to follow

### 20th October

Warren Miller Film Night  
Details to follow

## Brewery Visit & Walk

We are again risking the obvious derogatory comments, and arranged an event in a brewery.

On Thursday 5th August we will be visiting the Churchend Brewery at Ridge Lane, Nr Nuneaton, CV10 0RD, about 2 miles south of Atherstone (OS grid ref. SP 294 948).

We will meet at the brewery at 6.00pm for a thirst-building walk led by Mike Thomas, and then return at 7.30pm for a buffet meal (including a drink) followed by a guided tour.

The cost is £8. Please book now by sending a cheque payable to Midland Ski Club to John Chesworth, 32 Alpine Court, Kenilworth, CV8 2QB. Tel. 01926 856 826 for any other details.



# Family Training Holiday 2011 - Altenmarkt, Austria

27th Dec 2010 to 3rd January 2011

We have again been successful in reserving rooms at Ennstaler Hof in Altenmarkt. For those of you who didn't join us here 2 years ago, this is a lovely hotel in the "Ski Amade" which is the largest ski area of Austria, part of the Salzburg Skiwelt -

[en.skiamade.com](http://en.skiamade.com). Recommended for all skill levels, with plenty of snow making capabilities and a glacier, this is a beautiful snow sure area. The lift pass covers many resorts but we found that Zauchensee, Flachau, and Wagrain offered us plenty of training opportunities.

This holiday is aimed at families with school age children, but as usual is open to all.

The hotel is in a lovely quiet position, with a short walk to the centre of town, with the bus stop right outside to take you to the slopes. It has a 12m swimming pool, gym, skittles, play room, TV room and bar. Outside there is sledging and ice skating.

The food consists of a breakfast buffet, and 3 course evening meal. For New Year they plan a special 4 course meal, and on our last visit a New Year party was also thrown.

This will again be a "DIY" format, so you are expected to make your own way to and from the resort. Most people tend to drive, and I can assist in matching people who would

like to car share with others. If you wish to fly, Salzburg is the most convenient airport, with transfers costing approx £40 return. An alternative is a flight to Munich, and then train.

The price which includes half board accommodation in a family room (all en-suite), ski pass, and 6 days full coaching is £650 for adults, £515 for under 16s and approx £420 for under 6s (to be confirmed). If you require a double or triple room there is a £25 supplement per head. (subject to room availability for double rooms, please book early). It may be possible to book double room for parents, and kids share a multi bedded room, if the girl/boy split works.

Winter holiday insurance has to be taken out by all - remember that the club does offer affordable travel insurance (please the website).

Any questions please try to catch me on a Tuesday or Friday evening, or phone 01788 337280

*Kim Hancock*



# Training Week 2011 - Bormio, Italy

15th - 22nd January 2011

You won't be surprised to learn that the financial situation has hit the Training Week. First of all we can't go back to Canazei as the price had increased unacceptably. But we hope that we have come up with an attractive alternative. We are going to Bormio. Club members were there recently and give it good reports as a resort suitable for our week.

For anyone new to the training week, it is a club holiday where we take our own BASI or SSE qualified coaches and you will ski in a group of about 9 friends of similar experience. The coaching is done very much 'on the hoof' with a minimum of ski school type exercises and a maximum of mileage under your skis. This is the 29<sup>th</sup> training week we have organised and we know that we provide the sort of holiday that will see your confidence on skis grow as quickly as your smile widens. The week is not suitable for beginners or people still finding their ski legs because of the need to form groups of 9. You should at least be happy on blue runs and keen to progress to reds and beyond. Your friends will be willing to ski all day, encouraging but non-competitive.

We will be staying at the Hotel Nazionale. Equity our tour operator know us well and their recommendations

have always been acceptable.

Now to the hard bit- the cost. Hold your breath and read it quickly. £910. Yes, I know it is a lot but it does include virtually all you will need to spend on the holiday- a coach to the airport, transfers, half-board in the hotel, all the coaching, insurance AND YOUR LIFT PASS. About the only other things you will have time to spend on are lunches in mountain restaurants and drinks.



To book your place please complete the booking form and return it to me with a NON-REFUNDABLE DEPOSIT of £120. We are sorry to be strict about this but the Club has laid out a lot of money to reserve this holiday and we must protect our funds. Please note that the cost includes £100 to cover the coaching and this is not covered by the insurance. You must have a full passport in the name on the booking form and you will have to obtain European Health Insurance Cards.

I hope I have given you all the information you need to persuade you to join us, but if there is anything else you need to know, please ring me on 0121 357 1644.

*John Arnold*

# NEW YEAR FAMILY TRAINING WEEK, ALTENMARKT, AUSTRIA

**To:** Kim Hancock, 12 Saffron Close, Rugby. CV23 0XA

Please reserve me \_\_\_\_\_ places for the New Year Family Training week in Austria.

I enclose a deposit of £100 per person as a NON-REFUNDABLE deposit. I understand that the holiday cost includes a coaching fee, which is not covered by the insurance. Cheques payable to Midland Ski Club.

We will obtain the Euro-Health Insurance Card, and have full passports.

I understand that the prices quoted do not include transport to and from the resort or equipment hire.

Names as on passports (and DoB for U18s) \_\_\_\_\_

Address \_\_\_\_\_

Phone: \_\_\_\_\_ Email \_\_\_\_\_

MSC Membership Number: \_\_\_\_\_

Special or dietary needs: \_\_\_\_\_

Willing to share multi-bedded room? \_\_\_\_\_

Adults@£650 \_\_\_\_\_ U16s@£515 \_\_\_\_\_ U6s@£420 \_\_\_\_\_ Double/triple supplements@£25 \_\_\_\_\_ Total: £ \_\_\_\_\_

Please contact me for other options.

Signed: \_\_\_\_\_ Date \_\_\_\_\_

# TRAINING WEEK. BORMIO, ITALY

**To:** John Arnold, 102 Yateley Avenue, Great Barr, Birmingham, B42 1JL

Please reserve \_\_\_\_\_ places on the Training Week in Bormio. I enclose a cheque payable to Midland Ski Club for £120 per person as a NON-REFUNDABLE deposit and I undertake to pay the balance of the cost by 30<sup>th</sup>. October 2010. I understand that the cost includes £100 for the coaching and this is not covered by the insurance. I will obtain the European Health Insurance Card and have full passports.

Names (as on passports) \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Special Dietary needs \_\_\_\_\_

Do you require Equity's Insurance? \_\_\_\_\_ Do you wish to hire skis (£30)? \_\_\_\_\_

Skiing Experience: I have skied for \_\_\_ years and are happiest on blue/red/black runs (delete as appropriate).

Signed \_\_\_\_\_ Date \_\_\_\_\_

## MSC Officials & Committee 2010-II

### Officials

Chair: Bryan Thomas  
01543 490301

[chair@midlandski.org.uk](mailto:chair@midlandski.org.uk)

Secretary: Diana Horth  
01889 800706

[secretary@midlandski.org.uk](mailto:secretary@midlandski.org.uk)

Treasurer: Phil Deller  
0121 777 1301

[treasurer@midlandski.org.uk](mailto:treasurer@midlandski.org.uk)

### Committee

Welfare: Karen Conde  
01543 466285

[welfare@midlandski.org.uk](mailto:welfare@midlandski.org.uk)

Membership : Hilary Cox  
0121 5549745

[membership@midlandski.org.uk](mailto:membership@midlandski.org.uk)

Training Week: John Arnold  
0121 3571644

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0121 711 1241

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01785 714073

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07801 722451

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0121 4452594

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## BROCHURE

Articles and photos are still needed for this year's brochure. We can't make the brochure interesting to all members without your input.

Please send articles/photos to Rob Weeks (contact details on front page) and we'll use them if we can. If you don't send items in, we can't use them!

