

MIDLAND NEWS SKI CLUB

The Heart of England's Leading Snowsports Club

AUGUST 2008

LEARN TO TELEMAR

We have been kindly invited by Manchester Cross-Country Ski Club to take part in some Telemark beginners courses that they are running at the Chill Factor^e in Manchester.

The sessions are being led by SSE club coaches Sylvia Mercer and Ralph White.

The dates for anyone who would like to learn this graceful turn are each Monday in August i.e. 4th, 11th, 18th & 25th, from 8 to 8.30pm.

The cost is £22 per

session for a slope pass

We will be skiing the main slope with the other recreational skiers so the minimum (alpine) standard required is the ability to control speed, link turns and use the lifts unassisted. Chill Factor^e provides a good range of telemark gear (included in slope cost). There will be no charge for coaching - we have been allocated two free passes for the coaches.

To join the course, please contact Sylvia Mercer or Ralph White by emailing info@mccsc.org.uk

HIGH ALTITUDE TRAINING WEEKEND

We have a new venue for the High Altitude Training Weekend; Bretton Youth Hostel in the heart of the Peak District. Bretton is almost exactly mid way between Sheffield and Buxton near the famous village of Eyam.

7th to 9th November
great walking in the Peak District. Walks will be arranged for Saturday and Sunday, and we will have a communal meal on the Saturday evening.

The cost of the accommodation is £30 each for the weekend. Please use the application form overleaf to book.

Mike Thomas 02476 692792



We have exclusive use of the hostel which the YHA assure me is a cosy hillside property, fully equipped for self catering, with an open fire creating a friendly atmosphere, and a pub within 200m. There are 18 spaces, 3 bedrooms with bunk beds. The hostel is perfectly placed to enjoy the

BREWERY VISIT

Just to prove you all wrong and that we can organise a p*** ** in a brewery, that is exactly what we have done. On TUESDAY 26TH AUGUST AT 7.30pm. we will be visiting the Purity Brewery at Upper Spennalls Farm, Great Alne B49 6 JF near Stratford.

We will tour the brewery, taste their famous real ales, have a meal (no doubt with further tastings) and receive a complimentary glass.

The cost is £15 and there are only 10 places available. So

Mondays @ 7.30pm
Adult Coaching
Bryan Arnott 01827 893243

Tuesdays @ 6.30pm
Instructor Training - Roger
Crombleholme 01785 714073

Tuesdays @ 7.30pm
Race Coaching - Roger
Crombleholme 01785 714073

Fridays @ 6/6.30/7pm
Junior Coaching
Nigel Dawer 0115 9711111
**FRIDAYS RESTART
5TH SEPTEMBER**
Adult Coaching - Roger
Crombleholme 01785 714073

9-Aug-08
Summer Race League, Gloucester
Jane Lee, 01905 345416
(also 20-Sep, & 11-Oct)

11-Aug-08
Learn to Telemark, Manchester
info@mccsc.org.uk
(also 18- & 25-Aug)

14-Aug-08
DSUK, Tamworth
Hilary Cox, 0121 554 9745
(also 11-Sep)

15-Aug-08
Great S.American Adventure
Maureen Crombleholme, 01785
714073

26-Aug-08
Purity Brewery Visit
John Arnold 0121 357 1644

please book **now** by sending a cheque payable to Midland Ski Club to John Arnold, 102 Yateley Avenue, Great Barr, Birmingham B42 1JL Tel. 0121 357 1644 for any other details. Hope to see you there.



HOLIDAYS UPDATE

The MSC Holidays for next winter have proved very popular. There are a small number of places possibly left on the Family New Year week in Austria. The Training Week to the Italian Dolomites is sold out, and the Club Holiday to Switzerland is similarly sold out.

But if you are still interested in going, it might be worth getting in touch with the holiday organisers just in case a place does become available.

Alternatively, see below...

WESTERN COUNTIES RACE CAMP

Now in its fourth year and back due to popular demand, the Western Counties Ski Club is once again running their highly successful snow race camp.

The camp will cover training on snow in Slalom and Giant Slalom racing, together with essential supporting activities. It is mostly intended for the more mature racers on the grounds that no-one else seems interested in satisfying their racing ambitions, but we will also take a small number of younger racers as long as they are prepared to humour their elders. This mix has worked extremely well in previous camps and everyone got on together very well indeed.

The week is in the Italian resort of Crevacol, just north of Aosta, from 22nd Feb to 1st March. Cost is £635 which includes lift pass, coaching, full race facilities, half board, transfer from Geneva (but no flights!).

Places are limited. Contact Stuart Robertson on 01886 853335 or 07702 044532 if you are interested.

MSC RACE SUCCESS

Gloucester Club National

Podium places for: Freya 2nd Mini, Jane **1st** MAS, Rachel 2nd MAS, Gerry 3rd MAS and Mark 3rd SEN

Best ever event points for: Sarah 121.05, Sophia 143.43, Maxine 273.74, Jane 267.51, Rachel 300.34, Gerry 321.98, James E 271.43, Jack 293.56, Phil 296.29, Duncan 322.54 and John 448.79

The male PBs were all the more impressive given the return of David Ryding to the CN scene!

Ipswich Club National

Podium places for: Ollie W **1st** Mini and Emily 3rd JN2

Ipswich Grand Prix

Podium place for Robbie 2nd MAS.

For anyone who hasn't raced at Ipswich, it's a fast and rolling slope that produces exciting racing. The viewing is excellent and it's certainly a venue I'd recommend including on your schedule for next season.

Gloucester Celtic Cup (5)

Podium places for: Dominic 3rd Mini, Emily 3rd JN2 and Mark 3rd SEN

Best ever event points for: Mark 52.48, Chris 64.04, Freddie 137.97 and Sam L 340.94

Gloucester Celtic Cup (6)

Podium places for: Emily **1st** JN2

(first ever MSC racer to win a junior age category!), Jane **1st** MAS, Harry 3rd overall and 3rd JN2, Mark 3rd SEN and Phil 3rd MAS (first podium and, rumour has it, will now be retiring from national racing whilst at the top of his game!)

Best ever event points for: Emily 58.05, Olivia 135.78, Harry 24.05 (MSC's lowest ever points and achieved England squad selection criteria!), Jamie 107.70, Adam 137.32, Nick P 171.61, Karl 268.25 and Sam S 213.44

Welwyn Club National

Podium places for Jane **1st** MAS, Chris 3rd Jn1, Robbie **1st** MAS

Rossendale Grand Prix

Podium places for Olivia 3rd JN2, Nick 3rd CH1.

Southampton Club National

Podium places for Freya 3rd Mini, OllieW 3rd Mini, Gerry 1st MAS, Nick 3rd Ch1.

The latest seed points were published on 3rd August and show masses of improvement for many of our racers. This will be used for the national championships in September/October.

Well done to everyone - lots of outstanding performances which have certainly caught the attention of other clubs and their coaches!

Guy Hornsby

MORE TELEMARX EVENTS

Matt Higginson is organising two telemark events later this year. Firstly, on 27th Sept 2008, at Xscape, Castleford is the Northern Telemark Event. Tele from noon to 8pm for the bargain price of £65.

Then from December 5th to 12th there's an SSE recognised Telemark Skiing event in Hafjell, Norway - for the bargain price of £570GBP which

includes flights from East Midlands, transfers, slopeside accommodation - including sauna and jacuzzi, 6 day lift pass AND 4 hours tuition on 5 out of 6 days. If full payment is made before the 1st September there is also a further £20 discount!!!

For more info and to book on the above contact Matt on 07813268124.

HIGH ALTITUDE TRAINING WEEKEND 7TH TO 9TH NOVEMBER

To: Mike Thomas, 71 Cannon Hill Road, Coventry Cv4 7BT
Please book me places on the 2008 High Altitude Training Weekend.
I enclose a cheque for £30 per person made out to the Midland Ski Club.

Name(s):

Address:

Phone: email: