

MIDLAND SKI CLUB NEWS

THE MIDLANDS LEADING SNOWSPORTS CLUB

AUGUST 2007

MSC ON FACEBOOK

Welcome to the world of Facebook!

What is it? www.facebook.com is a social utility that connects people. People use Facebook to keep up with friends, upload an unlimited number of photos, share links and videos, and learn more about the people they meet. The Midland Ski Club can use it for sharing photos, knowledge about skiing and probably loads more.

Anyone can join Facebook: all that's needed to join Facebook is a valid email address. Once you register, you can join the Midland Ski Club Group.

Keeping your privacy: Facebook believes that people should have control over how they share their information and who can see it. People can only see the profiles of confirmed friends and the people in their networks. You can use our privacy settings at any time to control who can see what on Facebook.

How to I join?? Go to www.facebook.com and click "sign up", just provide your full name, email address, birthday, and desired password. After you complete the registration form, Facebook will send an email to the address you provided. Clicking on the confirmation link will complete the registration process.

Once you are in you can search for and join the Midland Ski Club Group. You do this by clicking "groups" on the left hand menu. Then in the search function type in "Midland Ski". Our group will appear in your search results, simply click on it then click the link that says "request to join this group"

Once you have been approved as a group member you can share photos messages and discussions online. You can make your contribution by selecting "Add Photos" from the main page of the group. You can select up to five photos to add at a time directly or move as many photos as you want from another album. The photos will be visible to everyone in the Midland Ski Club Group but to no-one else. Please remember that the administrators have the ability to remove inappropriate content or photos.

It's pretty simple to use and there is an excellent help function online and you can always ask another club member to help out too.

So sign up - and start sharing!

MSC 2008 CALENDAR

We are looking at producing an MSC Calendar for 2008. This will be A3 in size, and each month will have a photo in the top half and the calendar below, with plenty of space on each day for noting down what is happening when.

But for this to happen **we need you to send in your photos!**

They can be of anything related to winter-sports or any MSC event. Send digital photos to news@midlandski.org.uk, or put to MSC Calendar, 7 Saxon Meadows, Leamington Spa, CV32 6BY, to arrive by 1st November - we can then make sure the calendars will be available in plenty of time for the end of year.

Anyone submitting a photo which makes it into the calendar will get one sent to them absolutely free!



Diary

Mondays @ 7pm

Adult Coaching
Luis Lopes 0121 357 2307

Tuesdays @ 6.30pm

Instructor Training - Roger
Crombleholme 01785 714073

Tuesdays @ 7.30pm

Race Coaching - Roger
Crombleholme 01785 714073

Fridays @ 6/6.30/7pm

Junior Coaching
Nigel Dawes 0121 445 2594

Fridays @ 8pm

Adult Coaching - Roger
Crombleholme 01785 714073

FRIDAY COACHING RESTARTS 7TH SEPTEMBER

18-Aug-07

Summer Race League, Gloucester
Jane Lee, 01905 345416

(also **22-Sep, 13-Oct, 3-Nov**)

7 to 9-Sep-07

Mid-Wales Cycling Weekend
John Ellis, 01562 884151

14-Oct-07

Cannock Walk,
Diana Horth, 01889 800706

26 to 28-Oct-07

High Altitude Training Weekend, N. Wales,
Mike Thomas, 02476 692792

19-Dec-07

Christmas Party and Prizegiving
Old Silhillians Club.

HIGH ALTITUDE TRAINING WEEKEND 26TH - 28TH OCTOBER

We're returning to Glan Dena for this year's High Altitude Training Weekend. This is the perfect weekend to stretch the legs in the mountains to help get them fit for the ski season.

Glan Dena is in a superbly located just off the A5 in the Ogwen Valley in Snowdonia with fine mountains on the doorstep. Members who have been there before will know that Glan Dena provides ideal self catering accommodation with excellent cooking facilities, bunk beds, a comfortable lounge with a real fire, and drying facilities etc. Walks will be arranged on both Saturday and Sunday, and we will have a communal meal on the Saturday night.

The cost of the accommodation is £15.00 for the weekend. Please book using the form on page 4 of this newsletter.

Mike Thomas 02476 692792

Editor: Rob Weeks, 7 Saxon Meadows, Leamington Spa CV32 6BY Tel: 01926 470656
MSC on the Internet: <http://www.midlandski.org.uk/> Email: news@midlandski.org.uk

Copy deadline for next scheduled newsletter
Sunday 16th September

EARLY-SEASON TRAINING WEEK CANAZEI, ITALY. 13TH. TO 20TH. JANUARY 2008

And now for something completely different. For the last 5 years we have been to Sestriere which has been excellent, but we have had great difficulty in finding anywhere else which matches it, both in the range of skiing and the hotel accommodation we require.

So we have come up with a different type of skiing experience in the Superski Dolomiti Area. This is in the Sud Tirolo region of Italy and is the largest (not totally linked) ski area in the world. It used to be part of the Austro-Hungarian Empire and it now enjoys the dual advantages of Austrian quality and Italian prices, particularly in its mountain restaurants. Also it has the most spectacularly beautiful mountains with a stunning view around every corner.

We will be staying in Canazei which is on the famous Sella Ronda ski tour route. This is a ski journey which can be completed in a day and covers a total distance of 40 km, 26km of which are ski runs. On the other side of the valley is the similar but smaller Skitour Panorama. These routes pass through several villages which have their own small lift systems. For instance we are only a few lifts from Arabba which in my opinion has the best skiing in the whole area. So we will very much be 'learning on the hoof' with the Coaches instructing as we ski around this vast area.

Otherwise the week will follow its usual pattern. You will ski for 6 full days in a group of about 9 people of

similar ability under the care of a fully qualified BASI or SSE Coach. Your friends will be keen to ski all day and they will be supportive, encouraging but non-competitive and the Coach will have plenty of time to give you lots of personal attention.



Our hotel is the 3-star family run Hotel Irma: www.albergoirma.it. All the rooms have private facilities and there is a small 'wellness centre' with a sauna, Turkish bath, gym and sun-bed. The hotel will just hold the 50 people we are taking so there will be the usual house-party atmosphere. But it does mean that we shall have to ask singles to share 3 in a room if all the double rooms are booked by couples.

The flight details have not yet been settled so I have to warn you that there is the danger that we may have to go from Gatwick at some ungodly hour. But Equity will be providing a

coach to and from the airport so the journey will not be that horrendous.

The cost will be £750 which reflects the fact that we will have the full Skidolimiti skipass and I am told that the Hotel Irma is of better quality than the Sciatori in Sestriere. (I'll believe it when I see it!) The cost does include virtually everything; coach to the airport, flights, transfers, half-board in the hotel, all the coaching and the full lift-pass. It also includes Equity's insurance, which has always proved adequate, but if you wish you can save £15 by relying on your own insurance and not using Equity's. Personally I think it is worth the extra £15 to know that Equity's rep. will be fully aware of all the insurance problems and will deal with any difficulties straight away, but it is up to you. About the only things not covered in the cost are lunches and drinks.

To join us please complete the booking form and return it with a NON-REFUNDABLE deposit of £120 payable to Midland Ski Club. Please note that the cost includes £100 to cover the cost of the instruction and this is not covered by the insurance. Also you will have to obtain the Euro Health Card from a Post Office and will need a full passport which is in the name you give on the booking form. Balance cheques, when due, should be payable to Equity Ski.

If you have any queries please do not hesitate to ring John Arnold on 0121 357 1644.

CLUB HOLIDAY - TIGNES, FRANCE 8TH-15TH MARCH 2008

For the 2008 Club Holiday we are going to Tignes. We will be staying in 2 chalets in Tignes Le Lac. They are located approximately 100m from the nearest piste and you can return on skis to within 100m of the chalets on the same piste. They are a 400m walk from the main Aeroski lift and ski school meeting place and the centre of Tignes.

The chalets offer the usual standard of catering with breakfast and freshly baked afternoon tea on seven days with a three course evening meal with free wine and soft drinks for six nights. Chalet staff

have one night off when we will have the opportunity to try local eateries.

The 5* Chalet Les Andes offers a level of luxury rarely found in chalet accommodation in the Alps. All bedrooms are ensuite and have the added luxury of televisions. The living room is stunning with widescreen TV, CD and DVD players. The chalet has a sauna, free use of an indoor pool and a boot heater. It is just below its sister chalet, the Chalet Alaska in Les Almes area of the resort.

The 4* Chalet Alaska is situated in Les Almes area of the resort and has a sauna, hot tub and satellite TV. All bedrooms are ensuite.

We will have sole occupancy of both chalets and will all be able to use the facilities in each chalet.

Further details can be found in the Neilson Ski brochure 2007/08.

If you have not been on Club Holiday before, it's a social week skiing and you will always be able to find someone to ski as hard and as long and as you want. There's often a drinks party before the evening meal, and generally as much après ski as

you can cope with.

The basic price is £600 including Birmingham flight supplements. Places will be allocated on a first come first served basis. Chalet Les Andes sleeps 20, based on 2 per room and Chalet Alaska will take 24, based on 2 per room.

Insurance is mandatory, but is NOT included, as so many members now have annual cover. Please see the MSC Insurance article elsewhere in this newsletter, and indicate on the booking form if you'd like a quote.

Diana Horth 01889 800706



2ND BIG SOUTHERN HEMISPHERE ADVENTURE CHILE & ARGENTINA 15TH-31ST AUGUST 2008

Welcome to our 2nd Ultimate "Summer" skiing/boarding experience to South America.

This is a multi-centre holiday to Chile & Argentina, combining skiing/boarding in four areas (6 resorts, 11 days) with some time in the capitol of Chile, Santiago, including a ½ day tour. Other optional tours are also offered (contact organiser for details).

Very cold dry conditions and high altitude of South American resorts produce a lot of good powder snow, usually in August. This trip covers a large area so be prepared for internal transfers & hotel changes.



Please note that **this is a high altitude holiday, with skiing from 3800m**, so the fitter you are, the less breathless you will be and you will enjoy the trip even more.

Our trip will start and end in Santiago, the capitol of Chile, which is one of the most pleasant & relaxing cities in South America.

The first resort is "The Three Valleys"... El Colorado, La Parva & Valle Nevado which link together to form a large ski area (36 lifts, maximum descents up to 900m. Watch out for the condors!)

The next resort, Villarrica-Pucon occupies the slopes of an active volcano and is one of Chile's best resorts for snowboarding. Contact organiser for details on an exciting optional adventure to the rim of the volcano!

Then we travel to Argentina to ski Chapelco with tree skiing and Catedral which is Argentina's largest and trendiest resort, with great views out over the Patagonian desert & Lago Nahuel Huapi.



Proposed Itinerary:

Day 1: Flight to Santiago (approx. 18 hrs)

Day 2: In Santiago & City tour

Day 3-7: Drive to Farellones (1hr) & ski. Resorts Valle Nevado, La Parva and Colorado, based at Hotel Farellones for 5 nights (with hot tub!)

Day 8: Travel to Temuco & Pucon

Day 9-10: Ski Villarrica

Day 11: Travel to Argentina

Day 12 -13: Chapelco resort

Day 14-15: Catedral resort

Day 16-17: Temuco, Santiago & home

Flight costs from Birmingham are estimated, but should not vary much. Exact route & costs TBA as soon as 2008 flights are published (October/November 2007).

The price is based on 2 people sharing a twin room with en-suite. Sizes may vary between hotels, but will be comfortable for 2 people.

A discount of £100 per person off the total cost will be awarded to those paying the deposit by 1st November 2007.

If there are 8 or more of us, then the trip will be exclusive to MSC and group discounts will start to apply if we get over 10 people. Maximum group size is 16. (We already have 5 bookings)

- **The following are included in the cost of this trip:**
- Transfers in Chile & Argentina, by road & air.



- 5 nights Farellones, ½ board
- 10 nights B&B in Santiago & the other resorts.
- Santiago City tour
- Access to tour Representative/Guide
- Coach driver/tour guide tips, contingency & emergency Fund (any unused elements of this fund will be refunded at the end of the trip)



The Basic cost is £1345 per person, plus flights estimated at £850 (to be confirmed Oct/Nov).

Additionally:

- **Insurance £78 for skiers / £94 for boarders** (70yrs or over, please contact me for further details)
- **Ski carriage approx £50 total**
- **A non-refundable deposit of £200 per person is required** with final payment no later than 31st May 2008.
- **Ski passes (£20 - £25 per day, less for the 60+)** have been excluded in the overall cost because some people may wish to go on optional excursions. Contact organizer for details.
- **Also excluded are:** evening meals (except Farellones) & lunches (inexpensive & good quality even on the mountains), drinks, optional excursions, gifts, souvenirs, laundry, telephone, etc.
- **Ski and snowboard hire.**

All queries should be made to: Maureen Crombleholme on 01785 714073, 07710 511388, or preferably by email to maureen@ims-lifebalance.com

EASTER FAMILY TRAINING HOLIDAY

Continuing our successful series, this winter we will be going to the wonderful high resort of Zermatt with a backdrop of the spectacular Matterhorn on the Swiss Italian border. This is a car free town with great history which the SCGB describe as *Ancient, historic climbing town with lashings of Alpine charm, snow-sure skiing and the best mountain restaurants in the Alps. Suits all standards of skier and rider, as well as non-skiers.*

We will be staying in the Zermatt youth hostel - this is to the same high standard as Davos following on from the Youth Palace in its recent upgrade. All rooms are En-suite, and there is a Sun terrace, Kiosk, internet corner, etc. Their description:

The world-famous Matterhorn, or "Horn", peeps directly into the rooms of the youth hostel at the edge of Zermatt



village. It is not just the first-class location that is exclusive, however, but also the youth hostel itself. Among the most modern of its kind in the world, it welcomes international guests of every age.

The resort has 180km of Piste up to 3000m plus, served by 34 lifts, trains, and cable cars
<http://bergbahnen.zermatt.ch/e/skigebiet/>

We will leave on Good Friday 21st March and the cost below includes coach travel from Birmingham to Zermatt, Half board accommodation, 7 Day Lift pass, and 6 days training with MSC coaches, returning home on Sun 30th March. For prices, see the panel below.

Deposit £100 per person, using the booking form below, Any queries to Nigel Dawes 0121 445 2594

Prices are based on sharing a Quad or Triple Room, as follows:

	Quad	Triple
Adult	£600	£660
U9	£440	£500
9-15	£520	£580
16-19	£580	£640
O60	£580	£640

MSC TRAVEL INSURANCE

MSC runs a very popular agency for Travel Insurance which is used by about 25% of members. You benefit because the recommended premiums are reduced by 17.5% for the benefit of members - and the club benefits from the commission that is paid. Have a look around see what Marks & Spencer, the Post Office, Churchill and the like are charging and then take a look at the club website on the Travel Insurance link for the premiums, summary of cover, health requirements and how to obtain a policy with us. Or just telephone the MSC Insurance line on 01676 523505.

Annual cover (which includes skiing on and off piste) is the best for value as one can travel at home and abroad as many times as one likes (up to a maximum of 31 days per trip) knowing you'll have the cover you'll need. For a one off holiday, the single trip with or without Winter Sports cover is ideal if you don't want the expense of an annual policy.

Hope to hear from you soon!

EASTER FAMILY WEEK, ZERMATT, SWITZERLAND

To: Nigel Dawes, 5 Private Way, Cofton Hackett, Birmingham B45 8UD

Please reserve for me places on the Easter Family Training Week in Zermatt, Switzerland. I enclose a cheque payable to Midland Ski Club for £100 per person as a NON-REFUNDABLE deposit. I understand that the holiday cost includes £100 for the Coaching and that this is not covered by the insurance. I will obtain the Euro-health card and will have a full passport.

Names (as on passport) _____

Address _____

Phone _____ Email _____

Any Special or Dietary Needs? _____

Signed _____ Date _____

HIGH ALTITUDE TRAINING WEEKEND - OCTOBER 26 - 28TH

To: Mike Thomas 71 Cannon Hill Road Coventry CV4 7BT

Please book me places on the High Altitude Training Weekend.

I enclose a cheque for £15.00 per person made out to **M.A.M.**

Name _____ Phone _____

Address _____

E.mail address _____

MSC RACE NEWS

You can keep up with the exploits of the MSC Racers after each race by going to www.midlandski.org.uk/racenews. Here's the latest news...

Dry Southampton July 23rd, 2007

Despite Saturday's GSRL being washed out, yesterday's Southampton Club National took place without a drop of rain falling from the sky! And what another excellent day's racing it turned out to be for most of the 15 MSC racers who took part.

In fact, the good news actually started before the racing even began with Emily, Harry and James qualifying for the top-15 starter position draw. (The start positions for the best-15 seed point racers are drawn randomly whilst all other start positions are ordered on seed points.) I don't think we've ever had anyone in the starter draw, let alone 3 racers!

As always, podium finishes first. Robbie took 1st in Male Masters and James 2nd in Male J2. Both were excellent results given the strength of these two age categories for this particular race. We also recorded our first top-10 overall positions with Harry and James coming 7th and 8th respectively in the Males and Emily finishing 10th in the Females.

Whilst not a long slope, Southampton still offers several challenges - a steep start ramp, an immediate dog-leg right followed pretty



Southampton Podium Positions for Harry and Robbie

quickly by a sharp left turn over a ridge, and a bumpy final section. Quick times were possible on an interesting course so long as racers 'nailed' the off-set turn on the ridge and the exit from the final-section verticale. Looks like that race-line session on Thursday really paid off as most of our racers took it in their stride!

Nick took the MSC honours in the Mini Boys with an excellent 7th place and a time that would have seen him collect 249 points in the Males race! Dominic and Matthew recorded very credible positions and Duncan competed in his first SSE race as an unregistered day-performer (a very good way of gaining race experience).

In the Females, Emily (114.27 pts) just missed out on an age category podium finish. Sophia (225.96 pts) pushed Olivia (224.97 pts) all the way in a brilliant tussle and, in another MSC battle, Elisabeth (320.82 pts) fought back on the final run to pip Lucy (341.87 pts) who'd lead after the morning runs! Competitive, but friendly,

rivalry like this is great for the Females as it will undoubtedly result in lower seed points just as it has done over the last couple of years with the MSC Males.

In the Males, Harry (70.21 pts) was only 0.38 of a second away from an overall podium finish, but had the honour of being one of only 3 racers in total (male and female) to record all 3 runs under 13 seconds. James (70.97 pts) maintained his fine form and Nick (119.20 pts) posted his best event points of the season! Also recording their best event points of the season were Robbie (130.31 pts), Jamie (233.07 pts - who will now go under 250 seed points when the next list is published in September!) and Alasdair (253.01 pts) who's now starting to show great potential!

SSE races take an awful lot of organisation and rely considerably on the support of parents. During the course of this season, MSC parents (Kate, Dave, Nigel, Maurice and myself - have I missed out anyone?) have been at hand to help out with the official duties and, at Southampton, Karen and Brian added their services to this list. Whilst the racers - quite rightly - take the glory (and the bruises!), it's also by providing official duty support that's added significantly to the MSC's rapidly-growing reputation as a race club of real stature. Thank you!

I've updated the results spreadsheet and the BARTS seed points list.

There's now a very welcome break from competitive racing until the next GSRL and the British Indoor Championships (Castleford) on 18th/19th August. I think it's fair to say that, so far this season, we've taken enormous strides forward - coaches, racers and parents give yourselves a big pat on the back!

Having spoken to lots of other clubs, it's very clear that the MSC now offers some of the most comprehensive (and advanced) race coaching around. Yes, there are still changes that need to be considered, but with the restructuring of Fridays, 'tougher' Tuesday sessions and, most notably, the Advanced Coaching sessions on Thursdays we've currently got an awful lot right - many thanks Roger!. Our racers continue to raise the performance bar (rapidly) which means that, in turn, we have to review how best to deliver the level/intensity of coaching they now - and will - require. We can use this gap in racing to start re-evaluating our coaching structure for next season in order to identify how best to deliver the right levels to the right people - the overall objective being to keep on raising (rather than simply maintaining) standards across all racer levels. We've had some (but not much) parent feedback but would very much welcome any further views before drafting any proposed changes.

Guy

ADVANCE NOTICE ...

The **Christmas Party and MSC Prizegiving** will be held on **Wednesday 19th December**, at the Old Silhillians Club, Warwick Road, Solihull. This is always a very popular evening where we celebrate everything the club has done in the previous year and look forward to the next.

This year's **ski shows** are as follows: Manchester 6-7 October; London Olympia: 24-28 October; Birmingham: 2-4 November.

AUTUMN WALK

Diana Horth will be leading an Autumn Walk around Cannock Chase. This will be on Sunday 14th October - the starting point will be publicised in the next newsletter, or ring Diana on 01889 800706 she'll let you know.

MOVING ON

Trish Chalk, Chief Executive Officer of Snowsport England is leaving in August to take up a new position with a charitable organisation. She has worked tirelessly over the last few years to improve the provision and image of Snowsports within England. She has provided personal support to MSC on several occasions, presenting awards at the Schools Race and the Lockwoods Cup, and of course, enabling the MSC to be present at the Ski Shows.

The Committee have sent a card and a small token of appreciation on behalf of the Club for her help and support. She will be sadly missed, but we wish her every success for the future.

FOR SALE

Salomon Ski Boots Size 9 £30
Optima XPO 80s
Jim Webb 01543 377788

YOU CAN HELP!

Many thanks to those members who have responded to the appeal on the front of the last newsletter for more people to get involved in running the club. Your help is much appreciated.

And for those who haven't yet replied - please consider assisting: there is only so much that any individual can do, so the more people who get involved, the more can be done.

If you think you may be able to help, have another read of the last newsletter, and then have a chat with any of the committee.

Thanks.

MID-WALES CYCLING

7TH-9TH
SEPTEMBER

Come for a weekend of Mountain Biking, staying in the hostel at Corris, Wales. I stayed at the hostel last year and it is good and hospitable. The cost is £14 a night if you do your own breakfast of £17 including breakfast. Self catering facilities are available. The hostel is only 100yds from the Slaters Arms, a friendly pub which serves Real Ale and food.

Corris is a good base for Mountain Biking. There is a 40km trail called the Climackx that has the longest uninterrupted final descent of any in Wales. This can be reached from the hostel. There are also the Mach 1, 2 and 3 that are not so challenging, they start in Machynlleth 6 miles down the road. Then there is the Coed-y-Brenin centre that is just beyond Dolgellau. Coed-y-Brenin is internationally rated as one of the world's best mountain bike destinations, the ultimate British Biking Centre. There are six trails graded as to their difficulty.

So here is a chance for anyone who has never tried mountain biking to give it a go. I am a newcomer myself

but have found it great and the nearing thing to skiing without snow: the same mix of fear and exhilaration then even grade the trails like ski runs. You can hire hardtail bikes from the Holey Trail in Machynlleth for £20 a day: to book phone 01654 700411. Return of bikes on Sunday needs to be pre-arranged. I intend to take my van to Corris so anyone who needs help transporting a bike either to Wales or when we get there please let me know.

To book accommodation at the hostel phone Ann or Michael on 01654 761686 - please mention Midland Ski Club as I have already warned them!

Those who want to use Corris as a base for road cycling or walking Cadair Idris or whatever are also welcome: and the Centre for Alternative Technology is just down the road if you fancy something less energetic!

For any further information, don't hesitate to call me on 01562 751022 or 07900 692420.

John Ellis.

WHITE MOUNTAIN LAUNCH HEAD CLOTHING

This year we are stocking a whole new range of Head clothing exclusive to White Mountain. This means we will be the only stockists of this range of Head clothing in the U.K.

On top of this we will be promoting a whole new range of packages. The majority of our products (including race skis) will be sold as packages to suit all abilities from the new beginner skier, right through to the expert racing skier. A package consists of Skis, Boots, Poles, Ski bag and Boot bag.

The advantages of buying a whole package as opposed to individual items is that you will have all the products to suit your ability whilst saving £££'s in discount

Our Wolverhampton branch has set up a new consultation concept room which will display the majority of

our ideal packages. Clients will be able to browse this room and have a free consultation with one of our specialized members of staff where the client will be advised on suitable products for their standard of skiing and can then decide whether a package would be more beneficial along with how much money can be saved.

White Mountain is a company that has been involved in the outdoor and ski industry for over 25 years. We have two shops: one is situated in Wolverhampton and the other in Walsall, both of which have specialized staff in all areas i.e. skiing, walking, climbing, camping etc.

CONTACT DETAILS:

Clive McLaughlin, 22 Worcester Street, Wolverhampton WV2 4LD 01902 773395

Steven McLaughlin 31 Stafford Street Walsall WS2 8DG 01922 722422

www.whitemountainonline.co.uk

Email: whitemountain@btinternet.com

CLUB HOLIDAY, TIGNES 8TH-15TH MARCH 2008

To: Diana Horth, 23 Lockside View, Rugeley, Staffs WS15 1NJ

Please reserve places on the MSC Tignes holiday. I enclose a non refundable deposit of £130 per person, payable to Midland Ski Club

Name(s) as per passport: _____

Address: _____

Phone number: _____ Email: _____

Special dietary requirements? _____

Single travellers please indicate who you wish to share with: _____

Area Lift passes Please indicate quantities you require:

Adult Area lift pass £136 []

Seniors (60-74yrs) area lift pass £115 []

75 and over passes are free but will arranged in resort

Ski/Board Equipment hire (6 days)

Skis & boots standard	£65	<input type="checkbox"/>	Skis & boots superior	£76	<input type="checkbox"/>
Skis only standard	£40	<input type="checkbox"/>	Skis only superior	£54	<input type="checkbox"/>
Ski boots only standard	£25	<input type="checkbox"/>			
Snowboard & boots	£69	<input type="checkbox"/>	Snowboard only	£45	<input type="checkbox"/>

I have or will arrange my own insurance/Please send quote for MSC's insurance (delete as applicable).

I accept the terms and conditions detailed in the 2007/8 Neilson brochure

Signed _____ Date _____

CHILE AND ARGENTINA 2008 – BOOKING FORM

To: Maureen Crombleholme, 7 St Modwena Way, Penkridge, Staffs. ST19 5ST
Tel: 01785 714073 or 07710 511388 email: Maureen@ims-lifebalance.com

Please reserve me _____ places on the trip to Chile & Argentina in August 2008.
I enclose a non-refundable deposit of £200 per person. (Cheque made payable to "Andes").

Name(s): _____

Address: _____

Phone: _____ **Mobile:** _____ **Email:** _____

No. of skiers/boarders: _____ No. of vegetarians: _____

I require insurance @ £78 per skier* / £94 per boarder* / I will be providing my own insurance (cross out as appropriate).

***the insurance prices are for ages up to and including 69 yrs. Anyone 70 yrs or over, please contact me.**

Please note that if I / we do not take out the offered insurance, I / we undertake to pay the full cost of the holiday should I / we cancel and Midland ski club cannot nominate a replacement.

Number requiring Ski Hire: _____ / I will take my own skis & boots (Carriage is estimated at approx. £50 for the return journey. You have approx: 20 kilos for all of your luggage)

I am happy to share a twin room with _____ or another suitable member of the party.

Signed _____ Date _____

EARLY SEASON TRAINING WEEK, CANAZEI, ITALY

To: John Arnold, 102 Yateley Avenue, Great Barr, Birmingham B42 1JL

Please reserve for me places on the Early-season Training Week in Canazei, Italy, from 13th. to 20th. January 2008. I enclose a cheque payable to Midland Ski Club for £120 per person as a NON-REFUNDABLE deposit and I undertake to pay the balance of the holiday cost by 30th October 2007. I understand that the holiday cost includes £100 for the Coaching and that this is not covered by the insurance. I will obtain the Euro-health card and will have a full passport.

Name(s) (as on passport) _____

Address _____

Phone _____ **Email**

Any Special or Dietary Needs?

Do you require Equity's insurance?...YES/NO

Do you wish to hire skis at a cost of £32?

Skiing Experience:. I have skied for ___ years and am happiest on blues/reds/blacks/off-piste (please delete as appropriate)

Signed _____ Date _____