

MIDLAND SKI CLUB NEWS

THE MIDLANDS LEADING SNOWSPORTS CLUB

FEBRUARY 2007

TRAINING WEEK 2007: TRIUMPH OVER ADVERSITY

John Arnold

We knew what we were in for when we flew over the Alps into Turin for the Training Week. It was so sad to see them so bare and the snow line so high. Then Turin Airport provided its usual entertainment. It was good to see that the old, fetid baggage hall had been replaced with a cavernous, sparkling new one. Or it would have been if they had provided someone at passport control and let us into it. So we had the traditional 90 minute wait for our baggage. In fact our problems had started before then as Gordon Cogswell and Roy Collins had had to drop out with injuries. Hope you are fit soon.

So, it was a subdued party that arrived in an almost snow-free Borgata. But from that moment



Piste Panoramique, Sauze d'Oulx

things got better and better. First it was great to see Massimo and Cristina and their lovely staff again at the Sciatori. Then we renewed our acquaintance with Italian pasta (the best) and the first of many bottles of red and next morning we were ready for anything. We were not optimistic as we ventured onto the slopes but gradually we realised that things weren't all that bad. OK, there were many bare patches but there was also plenty of snow to ski between them. It soon became apparent that all that investment for the 2006 Winter Olympics was really going to benefit us because the snow makers had done a great job. Also the new gondola up to San Sicario was running as was the one into Sauze d'Oulx. So we had plenty of choice of runs, particularly

when, later in the week, groups went to Claviere and Montgenevre. There are not many areas where you can ski a different resort each day.

Not that the skiing was easy. We had to negotiate everything from boilerplate to brown slush. So the Coaches really had their work cut out, and how well they rose to the challenge. Alan, Bruce, Peter, Rob and Roger worked tremendously hard to encourage us and to give us the tools to not only survive the difficulties but, eventually, to enjoy them also. There were two other set-backs. First John Allin introduced a novel variation of the pole plant that cracked a rib and then we had two very windy days when the only way out of Sestriere

was by taxi to Montgenevre where Alan's group discovered a hidden valley which they swear was deserted and covered in great snow.

Socially the week was its usual great fun, aided by the new, improved Ski School Bar. There were new owners - so no Cuban salsa dancers - but there was a large extension, no doubt paid

for from the profits they took from us last year. The best bit was the 'bar snacks' they kept giving us. Bar snacks did I say? You could have lived on the array of pasta, pizza, sausages and chips that kept arriving. The problem was that we struggled to leave before 6 o'clock and it was a rush to get showered and ready for dinner.

For me of course the highlight was the 25th Training Week celebration dinner for which Equity provided the bubbly, Massimo served an even larger dinner and everyone was very kind to me for organising the Training Week. A particular thankyou to Peter White for the cake with my effigy on it. It wasn't flattering but unfortunately it was accurate. Also a big

continued>>

Diary

Mondays @ 7pm

Adult Coaching
Luis Lopes 0121 357 2307

Tuesdays @ 6.30pm

Instructor Training - Roger
Crombleholme 01785 714073

Tuesdays @ 7.30pm

Race Coaching - Roger
Crombleholme 01785 714073

Fridays @ 6/6.30pm

Junior Coaching
Nigel Dawes 0121 445 2594

Fridays @ 8.30pm

Adult Coaching - Roger
Crombleholme 01785 714073

21-Feb-07

Social Evening, Old Sils
Jeff Elmore, 07958 967709

10 to 17-Mar-07

Club Holiday, Motarret
Mike Thomas, 024 76 692792

25-Mar-07

Birmingham & S.Midlands Schools
Race, Ackers
Jane Lee, 01905 345416

30-Mar to 8-Apr-07

Family Week, Davos
Nigel Dawes, 0121 445 2594

2-May-07

ANNUAL GENERAL MEETING
Old Sils, Solihull

Diana Horth, 01889 800706

Membership Renewal

Renewed your membership yet? If so, many thanks. If not, please do so as the MSC relies on members' subscriptions to pay the many running costs of the club.

If you've lost your renewal form get in touch with Hilary Cox on 0121 554 974 or renew and pay online at

<http://www.midlandski.org.uk>
and clicking on the *Membership Renewal* button (bottom left).

TRIUMPH ON THE TRAINING WEEK (CONT)

>>thankyou to Hilary and Linda who for many years have done so much as an unofficial Social Subcommittee. I was absolutely delighted with the superb plaque I was given showing the dates and venues of all the TW's.

I was particularly pleased to see how well the people new to the TW seemed to enjoy themselves and I hope to see Andy, Chris, Elvira, Judith, John, Paul and Steve on many more holidays. Thank you again for all entering into the spirit of the week so well and once more well done to the Coaches. When we do get onto good snow I'm sure their hard work will bear fruit.



HOW IT ALL BEGAN

Alan Parkin, MSC President

When I first started to ski, it was an activity which took place virtually exclusively in the Alps. There were no artificial slopes in Britain of any sort, it was quite difficult to source equipment, and the only local possibility was if we had snow, and even then you had to walk up the hill! Scottish skiing was largely club based, and just poised to enter the realm of commercial resorts in the Cairngorms.

Because of all this there was a presumption that ski instructors lived in the Alps, or perhaps Norway, and there was no instructing framework in England. The idea that one might be instructed by a British person was unthinkable, even the Scottish Ski Schools in the early days employed foreign instructors. Anyone who skied in those times may remember being subjected to the tender mercies of instructors who were (a) contemptuous of Brits attempting to ski (b) not very interested in the task they were being paid to perform and (c) occasionally verging upon the sadistic in their treatment of their pupils. This applied both in Scotland and in the Alps, and was made worse by the fact that the various national ski schools deliberately made the content of their teaching methods different from each other in order to have a distinct 'branded product'. Consequently, if you committed the cardinal sin of skiing in a different country from last year, you were told that you were absolute rubbish, and were expected to unlearn much of what you had painfully absorbed.

After a few years, British coaching structures did appear, BASI in Scotland and ESC/SCOW in England and Wales, and started to introduce people to skiing in a way which was based much more on the American model than the European. My first experience of an Alpine course organised by ESC was a revelation! Here were instructors who put you first! They were sympathetic, understood how people acquired skills, and taught a 'neutral' and efficient style of skiing which took account of how the human body moves and functions. My immediate reaction was: the Midland Ski Club has to have some of this!

So the Training Week was born, but a good idea is not enough without someone dedicated and hard working who is prepared and able to make it happen. This is where John Arnold came in; he has laboured mightily over all these years to organise the Week, from negotiating with the Tour Operators to hiring the instructors and attending to all the niggling details which could ruin the experience if they are mishandled. How he has kept up this level of effort for so long is beyond me, he has maintained his good humoured, calm efficiency through thick and thin to deliver a consistent experience which has benefitted a large proportion of our membership for a very long time. I hope that everyone on the 2007 Training Week appreciate what this man has done for us all, and I trust that he did not have to buy himself a drink for the whole week!



HOLIDAY WINNER

The winner of the free winter holiday to the High Tatras was draw by Ackers staff on Tuesday 9th January. The draw, into which all members who had renewed by 31st December were automatically entered, was won by Steve Wragg - Congratulations! Steve, who many of you will know as one of the instructors on a Friday night, is now trying to find a slot in his busy winter schedule when he can actually go. Many thanks to Mountain Paradise (www.mountainparadise.co.uk) for donating the prize.

INJURY RISKS ON SKIING HOLIDAYS

Birmingham Solicitors Blakemores warns British holidaymakers not to let their guard down and put their own safety at risk while they are on holiday abroad.

With the holiday season fast approaching, many British Citizens will be heading off on skiing holidays. Last year, the ski market saw a period of growth with 7% more UK skiers taking a holiday abroad than the year before. The snow sports market has seen an overall growth of 15.2% since 2000.

Tina Nicolaou, a Partner at the firm specialising in Personal Injuries explains, "It is the time of year when many of us are preparing to go abroad for skiing holidays. However, so many holidaymakers are unaware of the potential risks that they face. For example if two skiers collide with each other it may be possible that one can be shown to be negligent hence leading to the possibility of a Personal Injury claim".

Statistics show that the number of beginner and intermediate skiers represented 77% of all skiers in the 2005/2006 ski season. Therefore it is extremely important that holidaymakers are aware of the potential risks that they face from their fellow (less experienced?) holidaymakers.

The Federation Internationale de Ski has set out a ski way code of conduct, which lays down ten rules that should be followed when

skiing. These include 'respect for others', which provides that you should be aware of all skiers around you and not endanger them; and 'control of speed' which provides that you should always be able to stop safely and should only ski within the limits of your ability.

Many people are unaware of the existence of these rules and the fact that they are not just limited to skiing holidays abroad. The code of conduct also applies to skiing at local ski centres when people may be having lessons to prepare them for their holiday.

Ms Nicolaou warns, "If it can be shown that a skier who is involved in an accident with another skier has breached one of these ten rules then they could be found negligent and face a personal injury claim being pursued against them. Therefore it is essential that skiers know the scope of these rules so that they are fully aware of their own rights should they be on the receiving end of a negligent skier, as well as the potential liability that they could face to someone else should they be in breach of these rules themselves".

Anyone seeking advice about accidents abroad is urged to take action to remedy their situation as quickly as possible so that rehabilitation can be sought if necessary.

Tina Nicolaou, Blakemore Solicitors, Birmingham
tina.Nicolaou@blakemores.co.uk

MIDLAND SKI CLUB AWARDS 2006

At the Christmas Party in December, Certificates were presented to MSC members in recognition for their achievements over the past year.

The development awards recognise those individuals who, in the view of their coaches and fellow skiers, have

made the most significant improvements in their skiing skills over the past year.

The performance awards are based on a series of objective metrics and recognise the results that MSC members have achieved through their hard work, determination and skill.

The other award winners have been nominated by MSC members to recognise the efforts and support that many people give to the club.

Many congratulations and well done to all the award winners!

Development Awards

This year we have utilised the nationally recognised "Snowlife" Award programme for improvements on snow, and have begun to introduce the MSC Achievement Award scheme. This scheme has been adapted from the Snowlife scheme to better reflect the skills needed to ski on artificial surfaces as some of the elements in the snow based awards cannot be replicated on plastic (e.g. ski around trees). Snow life awards will be awarded whenever appropriate on Club holidays, and the MSC Achievement Awards will be awarded at suitable occasions throughout the year.

There are a number of children who are about to be given their MSC Achievement Awards these will be featured in a later newsletter.

Snowlife Awards 2006 - awarded on snow in Davos during the Easter Club Holiday:

James Hornsby - Gold	Adam Lee - Silver	Rachel Pickard - Bronze
Harry Hornsby - Gold	Jane Lee - Silver	Nick Phelps - Bronze
Guy Hornsby - Silver	Mark Hawkins - Gold	Tom Whittaker - Bronze
Sarah Dawes - Gold	Sophia Phelps - Silver	Sam Lee - 6
Emily Dawes - Gold	Louise Dawes - Silver	Patrick Whittaker - 3
Nigel Dawes - Silver	Lucy Dellar - Bronze	Oliver Weeks - 3

Performance Awards

Gloucester Summer Race League

Best Mini Boy: Nick Phelps
Best Mini Girl: Elisabeth Thomas

Best Children 1 Male: Adam Lee
Best Children 1 Female: Olivia Waller

Best Children 2 Male: Chris May
Best Children 2 Female: *no entry*

Best Junior 1 Male: Dan Yeomans
Best Junior 1 Female: Emily Dawes

Best Junior 2 Male: James Hornsby
Best Junior Female: Sarah Dawes

Best Senior Male: Stuart Wickson
Best Senior Female: Sylvie Cringle

Best Master Male:
Roger Crombleholme

Best Master Female: Gill Weeks

Overall Winner Stuart Wickson and Dan Yeomans (1st=)

Snowsport England:

Best Male Seed Points: Stuart Wickson
Best Female Seed Points:
Emily Dawes

Lockwoods Cup

Fastest Time:
Males: Mark Hawkins
Females: Emily Dawes

The MSC Cup "The Griffin & Westwood Travel Services Ltd Gold Star Winter Sports Trophy". This was presented to Mark Hawkins for his outstanding skiing performance during 2006. This cup was first presented in 1967 and has had a number of illustrious winners over the years. It was felt appropriate that this cup should be used to recognise the skills and achievement of one individual for their performance during the year.



Achievement Awards

All England Championships

Qualifiers: Stuart Wickson, Dan Yeomans, James Hornsby, Chris May, Harry Hornsby, Freddie Meyer, Sarah Dawes and Emily Dawes

West Midlands Ski Association (WMSA)

WMSA Team Representative: Stuart Wickson

WMSA Squad Members: Dan Yeomans, James Hornsby, Chris May, Harry Hornsby, Freddie Meyer, Adam Lee, Alex Ponsonby, Jake Chamberlain, Nick Phelps, Sarah Dawes, Emily Dawes, Olivia Waller, Sophia Phelps, Lucy Deller, Elisabeth Thomas

Instructor Qualifications

Sarah Walsh - CSIA II

Sarah Dawes - Club Instructor

Jane Lee - Club Instructor

Other Awards

Certificates of Appreciation:

Guy Hornsby: Race Manager

Rob Weeks: Web Master, Publications (Newsletter, Brochure)

BIRMINGHAM & S.MIDS SCHOOLS RACE

The 2007 Birmingham and South Midlands Area Schools Race will be held at Ackers on Sunday 25th March. This race is the first step in a series that can lead to the English Schools Ski Association Championship!

The format is as last year, but schools are restricted to 2 teams in each age group. An entry form can be found at the back of the newsletter. Please return entries to Race Secretary Jan Leese as soon as possible.

CHILD PROTECTION POLICY

In accordance with the requirements of the Snowsports England, the Midland Ski Club has adopted the Child Protection Policy of Snowsports England. Jill Seamen has kindly agreed to be the Child Welfare Officer for MSC

The policy can be download from Snowsport Englands website at http://www.snowsportengland.org.uk/child_protection-227.html and Jill can be contacted on 01676 534469.



A number of MSC members have been to the Pyrenees over the last few years: see the articles in MSC News from last year. Nevertheless, from the sea to the clouds, the Pyrenees remains a highly underrated winter destination enjoyed by locals and those lucky enough to have discovered it. With little evidence of the overcrowding seen elsewhere you haven't got to be out before the lifts open to ride the best powder. However most people are unaware of what is on offer in the area and there is very little information available in English. This is all about to change with the launch of epyrenees.com, an online, English Language travel guide to the Pyrenees where you can find out everything from lift pass prices to booking your accommodation. Check out www.ePyrenees.com for details.

LOCKWOODS CUP RESULTS

The 10th Annual Lockwoods Cup was held at the Ackers on Friday 24th November. Sixty-three MSC racers took part - the highest in 10 years of the Lockwoods Cup. Many congratulations to all who participated: see you again next year! Photos of all skiers are available on the MSC website.

24 November 2006

Results by Group

Name	Bib	Group	First Run	Second Run	Best Time	Group Position
Jessica Mayhew	40	U7F	17.24	16.48	16.48	1
Martha Millington	52	U7F	17.30	17.15	17.15	2
Libby Albutt	37	U7F	19.72	17.56	17.56	3
Calise Reid	59	U7F	20.49	19.50	19.50	4
Jessica Simpson	38	U7F	50.11	29.43	29.43	5
Marcus Plevallis	29	U7M	16.26	15.14	15.14	1
Oliver Weeks	45	U7M	15.27	15.70	15.27	2
Zak Regan	1	U7M	20.84	19.99	19.99	3
Scott Hall	34	U7M	38.36	DNS	38.36	4
Adam Hall	33	U7M	46.55	DNS	46.55	5
Maxine Hancock	16	U10F	13.30	12.82	12.82	1
Charlotte Reid	60	U10F	Dsq	15.53	15.53	2
Rebecca Marsden	9	U10F	DNS	15.65	15.65	3
Bethany Yates	3	U10F	17.28	Dsq	17.28	4
Freya Eaton	42	U10F	Dsq	Dsq	Dsq	5
Nick Phelps	31	U10M	11.28	11.38	11.28	1
Matthew Waller	23	U10M	13.80	14.00	13.80	2
Dominic Plevallis	28	U10M	14.17	14.04	14.04	3
Duncan Thorlley	21	U10M	16.04	15.47	15.47	4
Oliver Millington	54	U10M	15.96	15.96	15.96	5
Joshua Hall	19	U10M	17.89	DNS	17.89	6
Jonty Simpson	39	U10M	28.00	22.09	22.09	7
Theo Millington	53	U10M	dsq	29.92	29.92	8
Olivia Waller	22	U12F	10.94	10.96	10.94	1
Lucy Deller	7	U12F	12.96	12.71	12.71	2
Elisabeth Thomas	5	U12F	12.77	13.01	12.77	3
Rachael Pickard	17	U12F	13.40	13.00	13.00	4
Abbie Williams	27	U12F	14.05	14.18	14.05	5
Blythe Mason	36	U12F	18.68	DNS	18.68	6
Karl Hancock	15	U12M	13.10	13.08	13.08	1
Ollie Eaton	43	U12M	13.73	13.46	13.46	2
Alexander Van Den Hoff	41	U12M	16.02	15.01	15.01	3
David Marsden	8	U12M	16.01	16.10	16.01	4
Sam Lee	10	U12M	16.19	Dsq	16.19	5
Josh Regan	2	U12M	16.21	16.41	16.21	6
Jack Walton	61	U12M	Dsq	17.06	17.06	7
Emily Dawes	35	U16F	10.01	9.92	9.92	1
Frankie Pioli	44	U16F	10.45	10.26	10.26	2
Sophia Phelps	30	U16F	11.49	11.39	11.39	3
DanYeomans	26	U16M	8.98	8.75	8.75	1
Chris May	57	U16M	9.01	Dsq	9.01	2
Harry Hornsby	50	U16M	9.21	Dsq	9.21	3
Jake Chamberlain	25	U16M	10.86	10.00	10.00	4
Freddie Meyer	49	U16M	10.07	Dsq	10.07	5
Sam Allen	56	U16M	10.22	10.26	10.22	6
Alasdair Thorley	20	U16M	12.07	11.91	11.91	7
James Elgy	48	U16M	12.18	12.34	12.18	8
Jack Yates	4	U16M	13.72	14.30	13.72	9
Sarah Dawes	58	U19F	10.53	10.20	10.20	1
James Hornsby	51	U19M	8.97	8.93	8.93	1
Alison Hawkins	62	U25F	11.35	11.04	11.04	1
Mark Hawkins	63	U35M	8.88	8.70	8.70	1
Valerie Waller	24	U45F	14.00	14.47	14.00	1
Kim Hancock	14	U45F	15.19	15.35	15.19	2
Judith Millington	55	U45F	15.35	15.43	15.35	3
Dave Hancock	13	U45M	10.51	10.47	10.47	1
Jane Lee	12	O45F	12.54	12.45	12.45	1
Geraldine Elgy	46	O45F	12.96	12.53	12.53	2
Sally Phelps	32	O45F	13.88	14.27	13.88	3
Gillian Pickard	18	O45F	16.48	dsq	16.48	4
Phil Deller	6	O45M	11.51	11.39	11.39	1
Dave Lee	11	O45M	13.28	12.58	12.58	2
John Elgy	47	O45M	12.74	12.73	12.73	3

Overall Male

Mark Hawkins	63	U35M	8.88	8.70	8.70	1
DanYeomans	26	U16M	8.98	8.75	8.75	2
James Hornsby	51	U19M	8.97	8.93	8.93	3

Overall Female

Emily Dawes	35	U16F	10.01	9.92	9.92	1
Sarah Dawes	58	U19F	10.53	10.20	10.20	2
Frankie Pioli	44	U16F	10.45	10.26	10.26	3

FEBRUARY SOCIAL

Come along to the Old Silhillians Club, Warwick Road, Solihull (just off M42 J5) for an opportunity for those on the Training Week to get back together and exchange photos and stories, and for those going on the Club Holiday to get together to discuss and plan their week - for whom we should have lots of info on Mottaret.

We will also be showing the latest Warren Miller DVD and maybe a compilation of the best winter wipe-outs - although somehow no MSC member seems to have made this one?

See you there on the 21st February at about 8pm - be there or be square!

MSC'S FIS RACER

The Midland Ski Club is proud to announce that it has a new competitor in FIS races! The Fédération Internationale de Ski races are the ultimate test of a skier, and Harry Hornsby completed his debut Slalom race on 31st December in Val Thorens. Out of a start list of over 70 skiers, Harry finished 43rd. His comment afterwards that the course just seemed to go on and on and on - far longer than anything he's skied before.

Congratulations Harry - and here's to next time!

In association with



English Schools
Ski Association

West Midlands
Ski Association

Midland Ski Club

Ackers Trust

**West Midlands Ski Association
Birmingham Area and South Midlands Schools Race
Sunday 25th March 2007**

**At The Ackers Trust, Golden Hillock Rd, Birmingham, B11 2PY
0121 772 5111**

Teams must consist of 3 or 4 skiers from the same school.
Individual entries will also be accepted.

Race Entry Fee

£20 per team or £6 for individual entries,
includes ski and boot hire if required

Approximate Timetable

09:30	Registration Opens
10:00 - 11:00	Open practice
11:00 - 15:00	BBQ available
11:15 - 14:30	Timed Runs
15:30	Prizegiving

Age categories:

Under 8, Under 10, Under 12, Under 14, Under 16, Under 19, Special Needs

Age as at 31st December 2006

**WMSA Birmingham Schools Race
Sunday 25th March 2007**

ENTRY FORM - One entry form per team

School		Age Group	
Address			
Team manager			
E-mail			
Phone Number			

Skier details

Forename	Surname	DOB	M / F

Acceptance of entry to these races will be deemed to relieve the Sponsors, Organisers, West Midlands Ski Association, its Officers, members, voluntary helpers and all others associated with the races of any liability for injury, loss or damage of any kind due to negligence or otherwise.

I have read the paragraph above and enclose the fee. Payable to Midland Ski Club

£20 per team entry or £6 per individual entry

Signed on behalf of school (parent or guardian (if under 18) for individual entries)

Entries should be sent to:

Race Secretary
Canal Cottage, Plough Lane
Tibberton
Droitwich WR9 7NG

Closing Date for entries: Sunday 18th March 2007

Basic Race Skills Training - at Ackers

There will be 1-hour race training sessions running on 17th February 2007. The cost is £5 / skier. Phone the Ackers slope to book on 0121 772 5111, or contact the race secretary or race communications for further details.

Helmet Regulations

There are new regulations governing ski racing on UK dry slopes in 2007. This means that the wearing of a properly fitting and approved ski helmet is compulsory for all skiers. This is expected to apply to all schools races run by clubs who are affiliated to Snowsport England, including the Telford schools race and all rounds of the ESSKIA races. Ski helmets can be obtained from a number of suppliers, a few are listed here.

- Widney Sports - Solihull - 01564 774176
- Decathlon - Merry Hill - 01384 487880 - from £14.95
- Lockwoods Outdoor - Leamington - 01926 339388 - from £30.00
- Snow and Rock - Birmingham - 0121 236 8280 - from £24.98
- White Mountain - Wolverhampton and Walsall - 01902 773395 - from £24.99
- Ellis Brigham - Tamworth - 01827 59047 - from £40.00
- Stoke Ski Centre - Stoke on Trent - 01782 204149
- Two Seasons - Solihull and Leamington - 0800 970 8646 - from £45.00
- Ski Bartlett - Hillingdon - 0020 8848 0040 - ski race specialists
- TKMax - Birmingham and Solihull

It is possible that a helmet hire supplier may be identified before the race, please phone the race secretary or race communications and ask if this is available.

Equipment

Skis, boots and poles are available for hire from Ackers, the cost is included in the race entry fee. Skiers may use their own skis and / or boots and ski poles, ski poles must have full protection around the point to prevent damage to the slope. The use of ski blades is not permitted.

Long sleeves, gloves and long trousers must be worn at all times, and there must be no gap in clothing between shirt and trousers.

Rules

Teams must consist of 3 or 4 skiers from the same school or college, as at 23rd March 2007. Teams may include skiers of either sex. Age categories are Under 8, Under 10, Under 12, Under 14, Under 16, Under 19, age as at 31st December 2006. There is a special needs category, with no age group restrictions.

Skiers from different age groups may form a team and the age group of the team will be determined by the age of the oldest skier. Each skier will also be entered in the individual event for their age group or category. Individuals may compete without being a member of a team. Each skier will make 2 timed runs of the slalom course and the best time from each of the two runs will be used for both the team event and the individual event as applicable.

The team time will be the total of the fastest run time for 3 any skiers in the team, (maximum of 1 time for any skier) and the winner of each age group will be the team with the lowest final combined time. The individual time will be the best time taken for the two runs for each skier.

Team awards will be presented for the first 3 teams in each age group or category. Individual awards will be presented for the first 3 girls and first 3 boys in each age group or category.

The minimum standard of skiing required is to be able to performed linked snowplough turns safely, to be able to control speed and use the button lift. No previous racing experience is necessary.

A maximum of 150 skiers will be accepted and entries will be accepted only when they reach the race secretary with correct payment before the closing date. Payments will not be accepted from individual members of a team, a single cheque must be paid to cover one or more teams. Entries will be accepted in the order that the form and complete payment is received, there is no guarantee that all entries received before closing date can be accepted. Schools may enter up to two teams in each age group.

No late entries, or entries on the day will be accepted under any circumstance. All accepted entries will be confirmed, please enclose a properly stamped SAE for confirmation. No refunds will be made if skiers are unable to ski after this acceptance has been sent.

Each school must nominate a team manager, with name and contact details shown on the entry form. This team manager will be responsible for their teams during the race.

For further information: Race Secretary - Jane Lee : 01905 345416

Email: sam.skier@btopenworld.com

For general queries: Race Communications - Sally Phelps - 01676 530585