

MIDLAND SKI CLUB NEWS

THE MIDLANDS LEADING SNOWSPORTS CLUB

OCTOBER 2005

An Evening with Martin Bell

Martin Bell will be coming to speak to the MSC on Wednesday 19th October at The Old Silhillians Rugby Club. Martin is a 4 times Olympian and currently works in Taos Ski Valley in New Mexico (www.skitaos.org) and runs the Martin Bell Ski Camps (www.skimartinbell.com). He will be covering his racing days and also what he's been up to since then, and perhaps also talking about general trends in ski equipment and technique as he sees them developing.

There will also be a grand raffle in aid of skiing charities with some great prizes, including three special items of skiing memorabilia donated by Martin:

- ★ A GB Team badge from his first Winter Olympics (1984)
- ★ A GB Team badge from the 1988 Winter Olympics, where he set the record for the best British performance in the Men's Downhill - yet to be beaten, although Finlay Mickel will have a crack at it next February.
- ★ A competitor's badge from his first Hahnenkamm event at Kitzbuhel in 1984. (This was also the event where Frank Klammer won his fourth and final Hahnenkamm downhill.)

Also there will be some DVDs to be given away to people interested in Taos Ski Valley.

Start time is the usual 7.30 for 8pm, but make sure you get there on time as this is bound to be a very popular evening. Non-members are also welcome.

40th Year Celebrations

Please do come along to Old Silhillians on Wednesday 16th November when, as part of our 40th. celebrations, we are holding a Memorabilia Evening. There will be lots of photos and films of past holidays and Scottish Trips and we are trying to get any old articles from the past of skiing.

Has anyone got a pair of leather, double lace-up boots or wooden skis with cable bindings? Bring them along together with any old skiing artifacts (and I don't mean the Committee!) What about racing pants with padded knees or trousers with stirrups under the foot? Or anything else our younger members will find hilarious.

YES KIDS! This includes you. Come along and see what the wrinklies had to go through to make MSC what it is today. Have a laugh at photos of them with hair! There should be some food.

Learn about the GREAT BOOK we have written telling the story of MSC's first 40 years.

It would be great to see lots of ex-members or people who don't usually make evening meetings. Please spread the word and make this the one time you do come.

The 40th Committee

Diary

Mondays @ 7/8pm

Adult Coaching
Alan Parkin 01902 751288

Tuesdays @ 6.30pm

Instructor Training - Roger
Crombleholme 01785 714073

Tuesdays @ 7.30/8pm

Race Coaching - Roger
Crombleholme 01785 714073

Fridays @ 6/6.30pm

Junior Coaching
Sarah Yeomans 0121 449 9198

Fridays @ 8/8.30pm

Adult Coaching -Roger
Crombleholme 01785 714073

19-Oct-05

An Evening with Martin Bell
Old Silhillians, Solihull
Jeff Elmore 07958 967709

30-Oct-05

Decathlon Ski Extravaganza
Jeff Elmore, 07958 967709

2-Nov-05

Warren Miller's "Higher Ground"
Star City, Birmingham

4-Nov-05

Warren Miller's "Higher Ground"
The Snowdome, Tamworth

10-Nov-05

British Ski Club for the Disabled,
Tamworth
Hilary Cox, 0121 554 9745

11-Nov-05

Lockwoods Cup & Ski Test
Ackers

11 to 13-Nov-05

High Altitude Training Weekend,
Dolgellau
Mike Thomas, 024 76 692 792

16-Nov-05

40th Anniv. Memorabilia Evening
Old Silhillians, Solihull
Jeff Elmore 07958 967709

6-Dec-05

Warren Miller's "Higher Ground"
Apollo Cinema, Leamington Spa

Ski Shows:

London: 12 to 16-Oct-05
Birmingham: 21 to 23-Oct-05
Manchester: 29 to 30-Oct-05

Snowsport England Update

Snowsport England has seen a number of exciting changes since Andrews Jolly's article in the MSC Brochure last year.

The organisation is in the process of making several changes to improve efficiency and improve communications with the wider membership. In October 2004 Trish Ball was employed and has since taken over from Andrew Jolly as Chief Executive, Andrew will remain as the Company Secretary.

The office roles and responsibilities have recently been reviewed. Ian Holloway is the newly appointed accounts administrator, Jenny Wyatt has taken full administration responsibility for the Coaching Scheme and June Hale has responsibility for the Membership Scheme.

SnowSport England is still very much involved in the modernisation process; a full audit of all the member groups has been completed. To work through the next phase of the process an external consultant has been appointed to look at the various options for modernising all the Snowsports Governing Bodies, with the aim of becoming more *Effective and Efficient*. This proposal is being prepared through thorough consultation with the member groups. All members who are interested should view the updates on the Snowsport England website at <http://www.snowsportengland.com/>

To focus the direction of Snowsport England over the next year a new short-term development plan outlines the pathway for English Snowsports for the period May 2005- May 2006, taking into account the on going discussions and plans surrounding modernisation. The plan, which is to be reviewed in September 2005, outlines the, Mission, Key Objectives, Actions and Key Performance Indicators.

Below is a summary of the Key Objectives The full plan can be downloaded from the Snowsport England website.

Mission: Provide people in England the opportunity to participate in Snowsports from start to the highest level aspired.

Key Objectives

·Organisational Structure

Understandable, and accessible membership and structure.

- o Effective corporate governance.
- o Clear communications.
- o Defined roles and boundaries for members and staff.

·Quality Coaching

Create a quality-coaching scheme across all disciplines.

- o Clear pathways for coach progression.
- o Development of a continual professional development programme.
- o Cost effective coaching scheme.
- o Producing quality and consistent course materials.

·Development

Providing opportunities for participation at grassroots through Club development, Slopes and Schools.

- o A tangible increase in Snowsport participation.
- o To support regional and club development.
- o Communicate and market of Snowsports.

·Performance

Providing effective and efficient performance pathways from Club to English and British teams.

- o Equable and measurable selection policies.
- o Identification and supporting athletes in gaining funding.

·Equity

Ensuring all activities in Snowsport England are underpinned by Equity and Fairness.

- o Implementation of Child Protection Policy.
- o HR policies and procedures.
- o Clearly outlined appeals and complaints procedures.
- o Recognition of volunteer contribution towards Snowsport England.

MSC at the Ski Show

We are pleased to announce that the MSC will be at the British Ski and Board show being held at the NEC, Birmingham from 21st to 23rd October. We have been invited to man the Snowsport England stand during the show.

The show is in hall 10 of the NEC and we understand the stand will be near the demonstration ski slope if you want to call in and say hello. There will be lots to see, do and buy at the show. There will be a fantastic display of aerial skills in 2005 Big Air show by Olympic champion Ales Valenta, and World and European champions. These guys are the best in the world and are not to be missed!

The Polar Challenge will be there - re-living the race by teams to the North Pole in April this year. You may have seen the documentary about this on TV. There is also a great exhibition by world renowned ski photographer John Norris, who will also be there to give you tips and ideas on getting the best wintersport pictures.

This years show will build on the success of last year, and the organisers Global Snow Shows have listened to feedback from exhibitors and have made a number of changes to the format of the show, including reducing the entrance price - particularly for children. Tickets are £10 adults and £2 children (aged 15 and under) and will give you access to both the Ski show and the Global Adventure Sports and Travel show which is in Hall 9.

The show is open 11am - 7.30pm on Friday, and 10am - 6pm on Saturday and Sunday You can win tickets for the show by entering our easy to enter competition. MSC has obtained 5 pairs of tickets for the show. All you have to do is answer one simple question about the show: **What is the name of the company that organises the British Ski show in Birmingham, and the Northern Ski show in Manchester?** Answers by post or e-mail before 18th October please to the address or email on the front of this newsletter.

Winners will be announced at the Martin Bell evening on 19th October.



The power of MSC News

"Has anyone got a roof-top box for sale? If so please speak to John Arnold on 0121 357 1644"

That's what the ad said. And John was staggered by the many offers of boxes he had. So if you've got something ski-related to sell, or need something, why not put a small ad in MSC News? It's free to all current members.

Decathlon

Decathlon at Merry Hill are hosting a special "Ski Extravaganza" evening on Sunday 30th October. They are arranging an after normal hours event specifically aimed at snowsports enthusiasts. There will be 50% off last year's models of ski hardware, and many special "one night only" offers on next seasons skiwear and equipment, as well as competitions, refreshments and prizes.

The MSC will be there with our stand, and so too will other ski-related companies from around the Midlands, e.g. The Ackers Trust, France-Shelton Foot Clinic, Living Health spine centre, etc.

"Higher Ground"

Warren Millers' 56th all action ski film for 2005-06, "Higher Ground" will be touring the UK from October.

The film will break new ground this year as it has been filmed using High Definition technology, which will "make the audience feel like they're in the mountains with the athletes..."

Dates and locations are:

Wednesday 2nd November at Star City, Birmingham, (on the Heartlands Spine Road (A47) near Spaghetti junction)

Friday 4th November at The Snowdome, Tamworth

Tuesday 6th December at Apollo cinema, Leamington Spa

Warren Miller Competition

MSC has teamed up with our friends at Black Diamond to offer two great prizes for members in our easy to enter competition.

We have a deluxe "Weekender" bag from Snow + Rock (worth about £80); and two tickets to see the latest Warren Miller film "Higher Ground" at a venue of your choice.

All you have to do is to give the titles of three Warren Miller films from the last five years and name one other sport that Black Diamond are involved in. Answers by post or e-mail to the address or email on the front of this newsletter, to reach us by 18th October.

Prize winners will be announced at the Martin Bell evening on 19th October.

£ £ £ Wet Wet Wet!!

Many, many thanks go out to everyone who helped with, and supported, the Skiathon at the Ackers on 10th September. We had fantastic help from the parents of our junior skiers who organised and ran the Bar-B-Q and ski mart, as well as providing additional raffle prizes. The Dawes even got a T shirt signed by the winners of the All England championship to auction!



The MSC Committee provided their support, as they all always do. They also ran the raffle and did lots of organisational stuff on the day. We had lots of skiers taking part, both adults and younger club members. A total of 882 runs in 2 hours equalling approx 88,200 metres or 1,850 feet! We'd have done more, but were limited by the lift capacity - at one time the queue for the lift stretched all across the bottom of the slope.

We did manage an hour of skiing in the dry and then the heavens opened and stayed opened! Most people kept going, but we got VERY wet. The aftermath of this was worse though. I had to leave all my wet gear, including ski boots at the



Turin 2006

2006 is Winter Olympic year, and this time they are being hosted by Turin in Italy. The opening ceremony, at the Olympic stadium, is on Friday 10th February.

The first Skiing event is the Freestyle event on Saturday 11th in Sauze d'Oulx. Saturday also sees the 20Km Biathlon event in Cesana, San Sicario. The men's Downhill is on Sunday 12th and is being held in Borgata.

Those of you lucky enough to be going on the Training Week in January will be able to see the Olympic race piste at first hand! Other races being held in Borgata are the Men's downhill combined and Men's Super G.

Sestriere itself will be running all of the slalom events. TV schedules are yet to be confirmed, but we hope to have them for the next newsletter. For more information on the 20th Winter Olympic Games and the 2006 Paralympic Winter Games go to <http://www.torino2006.org>

Macmillan
cancer relief

Ackers whilst I cycled back to Stafford as part of my fund raising. Can you imagine what it was like when I collected my festering belongings the following Tuesday.... no please don't try. It wasn't nice.

Anyway, the brilliant news is that the Bar-B-Q, ski mart & raffle raised over £200 and sponsor money still has to come in. I won't know final totals for a while, but with the sponsor money for my full day of activities (skiing, cycle ride from Birmingham to Stafford & 2 hours ceilidh dancing), raffle & donations from Stafford Caledonian Society dance, plus everything raised with the help of MSC members, we will easily reach our target of £1000.

Then there was also still the evening event on the 21st which added to the total too. Once again many thanks to everyone, including those who have sent donations because they weren't able to come along.

Anyone still interested in helping with the fund raising, please send a cheque made payable to Macmillan Cancer Relief to me at: 7 St Modwena Way, Penkridge, Staffs ST19 5ST.

Our sponsors on 10th Sept were: Ackers - 1/2 price skiing & publicity; Paul & Roger Brown: Bangers & burgers; Mike Davies of KT Active & Clem Chakki: lots of raffle prizes; The Hintertux 2005 group: lots of raffle prizes

Gloucester Summer Race League

With five rounds of the Gloucester Summer Race League now completed and only one more to go, the MSC A team finds itself lying in 3rd place and the B team in 10th place. With Slalom Plus A and Western Counties comfortably holding on to first and second places, the A team will be looking to secure its current position ahead of Gloucester A in the final round on 15th October. The B team still has a very good chance of moving up a place if it can overtake Slalom Plus B who are just a few points ahead of them.

This season has certainly seen its share of great individual performances performances that aren't always reflected by the team positions. With the GSRL (correctly so) being a team event, the point scoring system doesn't necessarily reward the fastest racers (unlike Snowsport England races) as much depends on the size of the age groups. So, whilst our chances of winning the GSRL this year are now realistically beyond reach, the really good news has to be the significant improvement in the overall positions of many MSC racers. We're now regularly securing six of the top-15 places (out of c.145 competitors) with the highlight being the outstanding performances of Stuart Wickson in July and August that saw him take 1st place overall in both months (just missing out on a hattrick in September when he came 4th). Our other top-15 racers are Mark Hawkins, Adam Beardmore, Dan Yeomans, James Hornsby and Roger Crombleholme.

The increasing strength and depth of the club is clearly demonstrated by the fact that our B team has scored over 75 points more than this time last year (and there's been an additional team to compete against this year). With Sarah Dawes setting the pace, there's a growing band of young guns pushing her hard including Alex Ponsonby, Harry Hornsby, Chris May, Emily Dawes, Freddie Meyer and Adam Lee. Hot on the heels of this group and really starting to put in some good race times we have Olivia Waller, Sophia Phelps, Nicholas Phelps, Elisabeth Thomas, Lucy Deller, Sam Lee, Karl Hancock, James Elgy, Rachael Pickard and Maxine Hancock. All of these racers have

secured their best-ever positions this season! And with an eye to the future, our youngest racer, Oliver Weeks, made his debut in July at the grand old age of 3³/₄ (beating two other much older competitors - Go Ollie go!).

Before I'm accused of being ageist it would be totally remiss of me not to mention the sterling performances of our regular non-junior racers including Dave Hancock, Jerry Crowley, Phil Deller, Rob Weeks, Amy Parkinson, Jane Lee, Phil Duffill and Sylvie Cringle (who's currently recovering from a broken wrist following a nasty fall in September). Despite Sylvie's brave efforts (and those of Stuart Wickson who's also well on course to personally bankrupting the Gloucester Ski Centre by smashing a record number of slalom poles), the much-coveted 'crash of the season' award is still being held by Phil Deller who, in the September head-to-heads, managed to completely wipe out his opponent (who's still undergoing extensive counselling).

Congratulations to the following top (20+ points) scorers!

July: Roger Crombleholme (26 pts), Stuart Wickson (25 pts), Adam Beardmore (25 pts), Dave Hancock (25 pts), Mark Hawkins (22 pts), Phil Deller (22 pts), Jerry Crowley (21 pts), Rob Weeks (21 pts) and Gill Weeks (20 pts).

August: Roger Crombleholme (27 pts), Stuart Wickson (25 pts), Adam Beardmore (25 pts), Christopher May (23 pts), Mark Hawkins (22 pts), James Hornsby (20 pts) and Jane Lee (20 pts).

September: Mark Hawkins (26 pts), Roger Crombleholme (25 pts), Stuart Wickson (24 pts), Robbie Beak (24 pts on his return from injury), Adam Beardmore (23 pts), Jerry Crowley (23 pts), James Hornsby (21 pts), Dave Hancock (20 pts) and Amy Parkinson.

Finally, can I thank the Waller family (July), the Phelps family (August) and the Lee family (September) for hosting the post-race BBQ. As always, much enjoyed by all and a great way to round off the day (even if this means being soaked by a group of youngsters armed to the teeth with high-powered water pistols and hoses!). *Guy Hornsby*

Inter-Regional Championships

Congratulations to James Hornsby who represented the West Midlands Ski Association (WMSA) at the inter-regional championships at Pendle on 14th August. The WMSA region covers Birmingham, West Midlands, Shropshire, Staffordshire, Warwickshire, Herefordshire and Worcestershire.

Thirteen teams from regions up and down the country raced in a league series in the morning with the best eight teams competing in a knock-out competition in the afternoon. WMSA successfully came through the league series before being knocked out by the Eastern region (the eventual runners up to the North West region). With all the country's top racers competing the championships generated plenty of excitement and racing of the highest standard.

The full WMSA team was:
Abby Clifford (Telford)
George Crane (Stoke)
James Hornsby (Midland)
Lauren Cadman (Stoke)
Matthew Bradley (Stoke)
Peter Kneen (Telford)
Piers Cadman (Stoke)

MSC Achievement Awards

Those of you who were at the Annual Christmas party last year will remember what a great success the Achievement awards were.

This year we will be running the awards again, but this time we want you as Club members to nominate people for the awards. We are looking for nominations to recognise the efforts and achievements of people from across the whole of the Club, both skiers and non-skiers, racers and non-racers. Nominations can be made for virtually anything, for example - most improved skier, best Coach, step improvement in performance, etc.

You can also nominate people who may have done a lot of charity work, have helped and contributed to organising Club activities, or have made a significant improvement or impact for the Club over the years. All nominations will be considered, but you will need to say who you are nominating and why.

Any nominations must be received by the end of November so that we can sort everything out in time to present the awards at the Christmas party. If you have any questions, or need further information, contact Jeff Elmore (Chairman) on 07958 967709 or email jeffski@blueyonder.co.uk, or any committee member or any of the coaches.

Retail Round Up

Many stores in the region have sales on at the moment as they make room for the new season's gear which is just arriving.

Lockwoods have some bargains on their remaining few top-of-the-range skis from last season.

Lockwoods on the web at <http://www.lockwoodsoutdoor.co.uk/>

Solihull Ski Centre have sales items on ski hardware and have a great range of technical skis arriving now. [Http://www.solihullski.co.uk/](http://www.solihullski.co.uk/)

Ski Warehouse in Tamworth having a Ski and clothing clearout with items at up to 75% off.

Ski Force in Lichfield have some sales items and new seasons stock arriving soon. On-line shopping and sale items at <http://www.forcestore.com/>

White Mountain in Wolverhampton and Walsall has their new winter stock now in. They are serious about ski hardware with lots of choice from the market leaders including: Atomic, Head, Line, Rossignol, Salomon Tecnica, Volant and Volkl. Experienced staff with over 85 year skiing experience. White Mountain test the skis each season and can advise you on the best models suitable for your type of skiing and ability. Also full boot Sidas fitting and customisation facilities including heat moulded footbeds at both shops

Jacksons of Old Arley (just north of Coventry) L Extensive range of ski and outdoor wear available. For this season we are stocking skiwear in 3XL and 5XL sizes. More info at <http://www.jacksonscamping.com>

Ski and Outdoor Warehouse Roadshow

Last year's event at the Royal Showground in Stoneleigh proved very popular with MSC members, with bargains in skis and clothing being picked up by everyone.

We have just had the dates for this season's roadshows which are:
Sun 2nd Nov Coventry;
Sun 13th Nov Birmingham;
Sun 4th Dec Nottingham;
Sun 15th Jan Birmingham.

For exact times and venue details call 0871 226 3347 or check out the next MSC newsletter. For more information and to see some of the product range go to <http://www.skiwear4less.com>

Off piste Notes

Avalanche awareness courses

In conjunction with Rob Collister, UIAGM guide, Facewest are offering a series of mountain training weekends. These are intended to equip people with the information and experience to cope with the dangers of off piste skiing and snowboarding.

Training will be by a mix of lectures and outdoor activity. Off Piste skiing and snowboarding can be very dangerous. However, a little knowledge can often save lives. Dates are 19/20th November 2005, and 10/11th December 2005 and will cost around £125. Courses will be run in Snowdonia.

For more details go to <http://www.facewest.co.uk/safety/training.htm> Book early - these courses sell out fast!

Ortovox Recall

Ortovox have sent out a safety recall for all owners of the Ortovox M1 and M2 Transceiver purchased before August 2005 .

They are issuing replacement battery compartment covers that compensate for a possible fault with the battery compartment cover. Ortovox X1 and F1 are unaffected. The issue seems to centre on the variation in size of AA batteries. For full details see the Ortovox Web Site <http://www.ortovox.com/typo7/index.php?id=58&L=1> [Information courtesy of Facewest Backcountry Store.]

French School Holidays

For those of you wanting to book holidays in the French Alps and avoid the French School holidays, you can find out which regions of France are on holiday at what times of the year in 2005-06 by visiting this website: <http://www.education.gouv.fr/prat/calendrier/calendrier.php?intAnn eeID=22>

Martin Bell again....



Breckenridge, January 2005. Club members Irena Cyhaniuk and Stephen Taylor skied with Martin Bell, then Vail Resorts' UK ambassador.

Lockwoods Cup & Ski Test

Friday 11th November

Your chance to try out next seasons skis and for the MSC to hold it's annual club championship ski race . . . all in a fun relaxed atmosphere where you can test, compete, eat from the Bar-b-q, drink, witness the exciting racing and appreciate the high skiing standards that the club is achieving, or even just chat about skiing in general.

- *★ The evening runs from 6:30pm to 10:00pm.
- *★ You can practice the course from 6.30pm, and the race itself runs from 7.30pm.
- *★ Ski testing, courtesy of LOCKWOODS and the Ski Manufacturers, will run all evening from when they set-up.

If you have a cup from last year please return it to Nigel Dawes (0121 445 2594) - it is very disappointing to make an award when there is no trophy available.

If you can ski you can race!, but we would advise some practice beforehand however. This can be done on the race course to be used on Tuesday and Friday evenings leading up to the event. There are lots of age groups particularly for the younger children and juniors.

The ski test is one of the few in the country where you can do direct comparisons between manufacturers such as Salomon, Rossignol, Atomic and K2: there should be a full range adult and junior skis.

Remember LOCKWOODS of Leamington Spa offer a 10% discount (not applicable to sale items) to all MSC members on production of a current membership card.

LOCKWOODS

MSC Holiday Update

Some places are still available on the coming season's MSC Holidays. But don't leave it too late - or you'll be disappointed... Booking forms are below.

TRAINING WEEK SESTRIERE, ITALY 8-15TH JANUARY 2006

On the MSC Training Week, we ski in groups of about nine people of similar experience with our own BASI or Snowsports England Coaches. We ski for six full days and the amount of encouragement, advice and sheer mileage you will enjoy are certain to make you a better skier. Your fellow skiers will be friendly, supportive, enthusiastic and keen to ski all day.

The week is not suitable for beginners or for people who are not ready to have a go on red runs.

The price of £695 includes flights from Birmingham, transfers, half-board in a two or three bedded room at the Hotel Sciatori in Borgata Sestriere, 6 full days coaching, insurance and your lift pass. About the only things you will have time to spend money on are lunches in mountain restaurants and drinks in the evenings.

For further information and bookings, please contact John Arnold on 0121 357 1644.

CLUB HOLIDAY SAALBACH, AUSTRIA 4-11TH MARCH 2006

Many members have requested that we return to Austria for the Club Holiday, and in Saalbach we have a fine resort with traditional alpine charm and lively après-ski life in addition to many miles of skiing to cater for all abilities. The lift system, and free bus service link to Hintertglemm, and the runs also extend to Lego-Land, sorry Leogang, for a long easy day's cruising. On the last MSC holiday to Saalbach we were finding and skiing fresh snow all week, but just in case, all the main runs have artificial snow making kit.

We're staying in Hotel Riegler, close to the centre of the resort, and handy for the main Gondola lift, and bus stop for Hintertglemm. All rooms are en-suite, and there's a bar, lounge, sauna, and a modern ski room with heated boot holders. We're using scheduled flights from Birmingham to Munich; there's no ski carriage charge provided individual baggage allowance does not exceed 20kgs. For full details see the 2005/6 Equity brochure. The price of £625 is for half board accommodation, and includes a full area lift pass.

For further information and bookings, please contact Mike Thomas on 02476 692792

FAMILY HOLIDAY DAVOS, SWITZERLAND 7-16TH APRIL 2006

Following on from our success of the last two years a new venue has been chosen for 2006. We will be visiting Davos staying in the Youth Palace.

Davos offers 300km of pistes up to 2800m with the majority over 2000m. The format of the holiday will be 6 full days of training and one free skiing day. The accommodation is half board and all en-suite, travelling by coach with pick up on the evening of 7th April and return to Birmingham on Easter Sunday 16th April.

Prices including training and lift pass are: 4 share £550 each, 3 share £580, 2 share £650, child discounts £40 (15-17), £90 (13-14), £130 (6-12), £190 (under 6). Insurance is not included as many people have annual policies, but it is a requirement that a policy is in force to cover your booking.

For further information and bookings, please contact Nigel Dawes on 0121 445 2594.

SUMMER SKIING HINTERTUX, AUSTRIA 10-17TH JULY 2006

Flights, transfers, ½ board at a luxurious hotel with lots of facilities (including sauna, steam rooms, table tennis, etc), 6 x 5 hour ski performance improvement coaching sessions and optional afternoon activities.

Non-skiers / boarders are more than welcome to come and enjoy the beautiful valley and all it can offer, especially for walkers and cyclists. A reduced rate is applied for those not skiing or boarding.

This is a FUN trip for everyone in a very friendly group and each year we get a healthy mix of people who have been before and new comers. It is also an ideal mix for those who want to improve their skiing, but find a full day of coaching too much. We finish at approx 13:00 hrs and have the afternoon to do as we wish. You don't have to join in any of the afternoon activities if you don't want to. Chilling out is also an afternoon activity!

For further information and bookings, please contact Maureen Crombleholme on 01785 714073.

FAMILY HOLIDAY, DAVOS - 7-16 APRIL 2006

To: Nigel Dawes, 5 Private Way, Birmingham B45 8UD

Please reserve _____ adult and _____ child places on the Family Holiday. I enclose a deposit of £65 per person as a non-refundable deposit payable to Midland Ski Club.

Name/s (as per passport):

Phone: Email:

Address:

Signed Date

TRAINING WEEK. SESTRIERE, ITALY - 8-15 JANUARY 2006

To: John Arnold, 102 Yateley Avenue, Great Barr, Birmingham B42 1JL

Please reserve _____ places on the Training Week. I enclose a cheque for £95 per person made payable to Midland Ski Club. I undertake to pay the balance of the Holiday cost by 25th. October 2005 at the latest. I understand that the cost of the Coaching is not covered by the Insurance and I will obtain Form E111/EHIC.

Name/s (as per passport):

Phone: Email:

Address:

Special diet requirements:

Please give an idea of your present skiing ability and your expectations from the week so we can get you in the best group.

.....
Do you snore !?

Signed Date

CLUB HOLIDAY SAALBACH 4-11 MAR 2006

To: Mike Thomas 71 Cannon Hill Road Coventry CV4 7BT

Please reserve places on the Saalbach holiday. I enclose a non refundable deposit of £95 per person, payable to Midland Ski Club

Name as passport.....Name as passport.....

Name know as..... Name know as.....

Address.....

Phone number..... Email address.....

Special diet requirements.....

Please indicate if you require ski and boot hire at £33 [] []

I accept the terms and conditions detailed in the Equity Ski Brochure

Signed..... Date.....

HINTERTUX SUMMER 2006

Please return this slip to express your interest, or email: Maureen@ims-lifebalance.com

Name:

Email address or home address:

I am interested in receiving details of the Hintertux 2006 summer trip.

Postal address to return slip:

To: Maureen Crombleholme, 7 St. Modwena Way, Penkridge, Staffs. ST19 5ST